Problem Checklist*

On a scale from 1-10 (1= small problem...10= huge problem) list the problems that are happening between parent(s) and teenager.

Put a * next to the problems parents & teens agree on.

10		
9	 	
8	 	
7	 	
6	 	
5		
0	 	
4		
3	 	
2		
1	 	

^{*} Adapted from: Problem Solving Communication Training. Robin, Bedway & Gilroy. HCSATS 2007