

# *Steps to Family Problem Solving*

*Rank how well your family usually solves problems when there are disagreements: (1 = very poorly, 2 = pretty well, 3 = very well)*

\_\_\_\_\_ We clearly and respectfully state what the problem is

\_\_\_\_\_ As a group, we come up with several ideas to solve the problem

\_\_\_\_\_ We discuss good and bad points of each idea

\_\_\_\_\_ We reach a decision everyone can live with

\_\_\_\_\_ Teens: Do you get a real say in what happens?

\_\_\_\_\_ Parents: Does your teen try to dictate to you?

\_\_\_\_\_ Do the solutions work?

**From: Problem solving Communication Training. Robin, Bedway & Gilroy.  
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