

Problem Solving

Name the problem that you want help with.

Think up as many possible solutions to the problem as you can. Don't judge your choices.

Now, look at your choices.

- How likely is it that they will work?
- How acceptable are the choices for you?
- How willing are you to try them?

Pick your best solution and make a plan.

Use your solution and see how it works.

Make changes to your plan as needed.