

Ideas of Positive Behaviors	Ideas of small (daily) rewards	Ideas of larger (weekly) rewards
<p>Following directions the first time Being helpful without being asked Doing morning routine with good attitude Doing evening routine with good attitude Being pleasant at the dinner table Starting homework with good attitude Getting homework completed Getting homework completed neatly Doing extra credit homework Reading quietly Playing pleasantly with a sibling Doing a chore with good attitude Being pleasant in the car Being pleasant while accompanying you at the store Being pleasant in the check-out line at the store Cleaning up toys after playing Playing peacefully by self Using words to work out conflicts (not being physically aggressive) Using breathing and/or other relaxation techniques to manage conflict Showing imagination in play Taking turns Trying hard Being patient Using an indoor voice Using polite words and manners Accepting help/Asking for help Being truthful</p>	<p>Stickers Extra reading time at bedtime Playtime after dinner Listening to music at night Watching a TV show Extra playtime with a parent Special bath toys Hot cocoa Video game Time to use game-boy or other electronic game Art supplies Other hobby supplies Treat for lunch/snack Note of praise in lunch box 15 minute later bedtime Extra long back rub</p>	<p>Item from \$ store Magazine Book Rent a movie Rent electronic game Go to movie theater CD or tape Go out for cookies and cocoa (ice cream) Bowling Swimming Doing a long game at home New game Bake cookies Choose favorite meal Out to dinner Bigger art/hobby supplies Friend over for play-date Friend over for sleep-over Choose an activity with parent Trip to zoo/aquarium/museum Go to park of child's choice Go to library and select book, book-audio tape combo, music, comic book, or movie of child's choice</p>