

Common Feelings/Behaviors of Sexual Abuse Victims

Check all of the feelings and behaviors that apply to you.

Feelings

Afraid to trust
Depressed
Angry
Guilty
Low self-image
Lonely
Different from others
Scared
Confused
Stupid
Dirty
Ashamed
Hurt
Powerless
Isolated
Fear of homosexuality
Generalized fear
Anxious
Nervous
Numb

Behaviors

Running
Drug/Alcohol Abuse
Sexually seductive
Prostitution
Skipping school
Nightmares
Suicide attempts
Hostile towards others
Lack of friends
Sexually aggressive
Cruelty to animals
Vandalism
Fire-setting
Assaultive behavior
Giving up on life
Sexually offending
Difficulty concentrating
Avoiding reminders of abuse
Taking anger out on others

Add other feelings and behaviors of your own: