

Problem Solving Skills Worksheet

1. Is there a problem?
2. What is the problem?
3. What do we want (What is your goal/ desired outcome?)
4. What can we do?
Brainstorm for alternative solutions (No answer is good or bad here).
 - ___ a.
 - ___ b.
 - ___ c.
 - ___ d.
5. What are consequences of each choice? **Weigh out your options**
(what has the most “pro’s” and the least “con’s”)

PROS	CONS
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 - a.
 - b.
 - c.
 - d.
6. What are we going to try? **Choose the best solution & a back-up plan.**
7. Carry out the plan.

8. Evaluate the outcome.