

Telling the Secret

1.	What did	_ tell you might happen if
yo	u told about being molested?	· · · ·

2. Describe how it felt to keep this secret. Did you want to tell someone? Who? _____

3. Did you try to tell someone? How?

4. How old were you when people found out you were being molested?

.....

5. How did you parent(s) find out you were being molested? _____

6. How did you feel after it was discovered? _____

7. Did your parents believe you? If not, did this change? _____

8. What happened after people knew? Who interviewed you? _____

9. What happened to the perpetrator? Did you have to leave? _____

10. Did the perpetrator admit or deny molesting you? What did the person say about it?

Resource: Group Treatment for Sexually Abused Children.

Harborview CBT+ 03