

Assessment and Screening Measures Cheat Sheet

UCLA PTSD Index Trauma Screen

No clinical cut off, just a measure of exposure to trauma symptoms

Child PTSD Symptom Scale CPSS (8-18 years)—youth or caregiver completed

Clinical cutoff: 12

SCARED Brief Assessment of Anxiety and PTS Symptoms (7-17 years)—youth completed

Anxiety: 3+ = clinical

PTSD: 6+ = clinical

Moods and Feelings Questionnaire (7-18 years)—youth completed

For ages 8 to 18

Clinical cutoff is 11 – higher score signifies depression

PSC17 – caregiver completed (4-17 years)

PSC17-I (Internalizing – e.g., withdrawn, anxious, depressive bx): >5 is clinical cutoff

PSC17-A (Attention – e.g., poor concentration, hyperactivity): >7 is clinical cutoff

PSC17-E (Externalizing – e.g., aggression, anger, defiance): >7 is clinical cutoff

Total Score: >15 is clinical cutoff