

Practice on getting “buy in” for engaging in Trauma Narrative

(Remember you have been talking about the trauma all along the way....)

(slides 113 to 117)

Think of a client you have worked with

- List what you think might be your client’s likely objections to doing the TN
(If it helps, list your objections or concerns about having the client do the TN!)

- List one or two statements and/or questions you can say to elicit any reluctance that your patient may have.

- List one or two reflections or affirmations you can use for responding

- List one statement or question you can make to elicit your client’s possible motivations for doing the TN, i.e. what good would they possibly anticipate from doing this. *(You can reference prior success they have had in or out of session...)*

- List some possible solutions to client’s reluctance. Include any other ideas you have for engaging this child.
(This could include ways to address their anxiety, use their skills, structure the TN in workable pieces, offering choices of how to do this, making an agreement....)