Common Feelings/Behaviors of Sexual Abuse Victims

Check all of the feelings and behaviors that apply to you.

Feelings

Behaviors

Afraid to trust Running Depressed Drug/Alcohol Abuse Sexually seductive Angry Guilty Prostitution Low self-image Skipping school Lonely Nightmares Different from others Suicide attempts Hostile towards others Scared Confused Lack of friends Sexually aggressive Stupid Dirty Cruelty to animals Ashamed Vandalism Hurt Fire-setting **Powerless** Assaultive behavior Isolated Giving up on life Fear of homosexuality Sexually offending Generalized fear Difficulty concentrating Avoiding reminders of abuse Anxious Nervous Taking anger out on others Numb

Add other feelings and behaviors of your own: