

## **BOOKS FOR CHILDREN ON SEXUAL Development and SEXUAL ABUSE PREVENTION**

**I Can Play It Safe.** Alison Feigh, 2008.

This book teaches children seven rules for personal safety. Through a playful story and colorful illustrations, children learn rules including checking with a caregiver for permission to go anywhere with anyone, listening to their gut feelings, knowing their private body parts are private, and making connections with healthy adults in and out of the family.

**Your Body Belongs to You.** Teri Weidner, Cornelia Maude Spelman, 1997.

Therapist Cornelia Spelman explains that children can say no to a friendly hug, kiss or touch - even from someone they love - and still be friends. This is a useful introduction to the topic of different types of touches and a reminder to children that their feelings count.

**Some Parts Are Not For Sharing.** Federico, Julie K. 2009

Also available in Spanish

Also a free online e-book: <http://www.dpub.us/Books/Touch.html>

**It's My Body.** Lory Freeman, 1982. Also available in Spanish.

Preschool children learn safe boundaries, how to distinguish between different types of touches, and how to respond appropriately to unwanted touches. This book is a powerful book for enhancing self-esteem. Parenting Press's bestseller!

**Those are My Private Parts!** Diane Hansen, 2007.

**It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health.** Harris, Robie H. and Emberley, Michael. 2009. *Recommended for ages 10 and up.*

**It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families.** Harris, Robie H. and Emberley, Michael. 2004. *Recommended for ages 7 and up.*

**It's Not the Stork: A Book About Girls, Boys, Babies, Bodies, Families and Friends.** Harris, Robie and Emberley, Michael. 2006. *Recommended for ages 4 and up.*