



CBT + Learning Collaborative Training and Consultation

Presented by Harborview Center for Sexual Assault and Traumatic Stress

TRAINING COMPONENTS:

Part I: Core 3 Day Clinical Training. Participation is open to masters-level mental health providers who provide ongoing mental health treatment to children and youth from 4 years to age 21.

Part II: Follow-up Telephone Clinical Consultation. Twice monthly 1 hour group consultation calls for 6 months.

The training and consultation will be delivered by the Harborview/UW team in collaboration with WA CBT+ Trainer Consultants.

October 14-16, 2019 (Mon-Wed)	Spokane Valley, WA
October 14-16, 2019 (Mon-Wed)	Centralia, WA
November 4-6, 2019 (Mon-Wed)	Yakima, WA
November 18-20, 2019 (Mon-Wed)	Bellevue, WA
January 15-17, 2020 (Wed-Fri)	Bremerton WA

Is my organization eligible? Who should we send to the training?

1. Licensed community mental health centers committed to supporting implementation of CBT+ for eligible clients are eligible to participate.
2. A CBT+ trained supervisor must agree to provide ongoing CBT+ supervision to the participants.
 - a. If the organization has a CBT+ supervisor **on site** who agrees to provide the CBT+ supervision, it may send up to 6 masters level providers who provide therapy to children.
 - b. If the organization does not have a trained CBT+ supervisor on site, it may send a team that includes a clinical supervisor who will provide ongoing CBT+ supervision and at least two masters-level providers who provide therapy to children.
3. Organizations that have not previously attended a CBT+ Learning Collaborative must have a senior clinical administrator contact Lucy Berliner (lucyb@uw.edu) prior to acceptance into the training.

What are the requirements of participants attending the Learning Collaborative?

1. **Complete TF-CBTweb, an 11 hour on-line course before the CBT+ training:** <https://tfcbt2.musc.edu/>
2. **Attend all 3 days of the 3-day CBT+ training.**
3. **Complete the CBT+ Certificate requirements:**
 - a. Attend 9 or more of the 12 telephone consultation calls
 - b. Present at least 1-2 cases during the 6 month consultation period
 - c. Deliver one of the 4 CBT+ interventions to 2 clients; one case must use TF-CBT. **Supervisors** who attend the in-person class must deliver one of the 4 CBT+ interventions (TF-CBT strongly preferred) to 1 client
4. **Document cases** in our on-line EBP Toolkit <http://ebptoolkit.com>. EBP Toolkit documents adherence/fidelity to EBP principles and components. It enables participants, CBT+ supervisors and the CBT+ consultants to monitor implementation and case progress. Participants are required to enter a minimum of 6 sessions per training case including baseline and repeat standardized measures and documentation of delivery of the key components.

REGISTRATION NOTES:

- Only clinical administrators or CBT+ supervisors may register participants. The supervisor who will be providing ongoing CBT+ supervision must be named for each participant at the time of registration.
- All registration is done on-line. **We will send out the registration links soon.**
- **There is a fee of \$200/person to participate in this learning collaborative.** CEU's are provided for the 3-day training. A Certificate of Completion will be granted upon successful completion of consultation call requirements.

WA DSHS Division of Behavioral Health and Recovery provides the support for the CBT+ Learning Collaborative