

TRAINING AND CONSULTATION OPPORTUNITY!!!

Cognitive Processing Therapy for PTSD and PTSD/Depression for Adults

REGISTER NOW AT WWW.HCSATS.ORG OR GO TO THIS LINK

@ <https://catalyst.uw.edu/webq/survey/hobbe/145931>

December 5 & 6, 2011
8:30 am – 5:00 pm
Foster Links Golf Course

Foster Golf Links
13500 Interurban Ave South
Tukwila, WA 98168
206-242-4221 (www.mapquest.com)

Presented by Kristen Lindgren, PhD. Dr. Lindgren is an Assistant Professor in the Psychiatry and Behavioral Sciences Department of the University of Washington. Shelly Griffiths, MSW and Jordan Royal, MSW from Harborview Center for Sexual Assault and Trauma, will also present.

This two-day workshop "Cognitive Processing Therapy for PTSD and PTSD/Depression for Adults" is an empirically supported 12-session, trauma-focused therapy for PTSD that can be used with either individuals or groups. Several randomized clinical trials have found significant effects for CPT in reduction of PTSD symptoms across trauma-exposed populations. CPT involves psycho education; written exposure in which patients write about the impact of trauma on themselves and others and interpret traumatic events; examining patients' interpretations of traumatic events and cognitive restructuring of their beliefs that have been disrupted by traumatic events.

TRAINING COMPONENTS:

Part I: December 5 and 6, 2011. 8:30 am to 5:00 pm. Core Clinical Training

For mental health therapists and Domestic Violence advocates who provide services to adult victims of trauma.

- Lunch provided.
- CD Rom of the CPT Training manual including appendix with therapy tools.
- CEU's available.

Part II: Telephone Clinical Consultation. Twice monthly for 6 months. (REQUIRED)

Hour long telephone consultation with a CPT expert: A certificate of completion will be granted to those having participated in at least 9 of 12 consultations.

DO NOT SIGN UP FOR THIS TRAINING IF YOU CAN NOT COMMIT TO THE CONSULTATION CALLS.

IF YOU WANT TO ATTEND THIS CONFERENCE:

- Participation in both the training and consultation is **required**.
- All participants must complete the on-line registration form. Either click on the link in the registration email – or - go to www.hcsats.org. Click on the box that says "Register for December 2011 CPT adult Training". Directions available on line and available when you register.

Registration will not be confirmed until we have received full payment for the training. Payment is \$400.00, which includes six months of twice monthly telephone case consultation with a CPT expert.

Sponsored By

Harborview Center for Sexual Assault & Traumatic Stress

This workshop have been approved for 6 hours of CEUs by the Washington Chapter, National Association of Social Workers (NAWS) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Our provider number is 1975-255