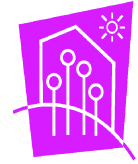


# PARENT-CHILD INTERACTION TRAINING (PCIT)

Day 1



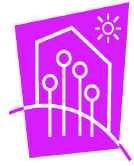
9:00 am - 4:30 pm

<b>Light Continental Breakfast/Welcome</b>	8:45am
<b>What is PCIT?</b>	
<b>PCIT Overview</b>	9:00 am – 10:15 am
<ul style="list-style-type: none"><li>• Essential Components</li><li>• Distinguishing Features</li><li>• What are the Inclusion/exclusion criteria?</li></ul>	
<b>Assessment</b>	
<ul style="list-style-type: none"><li>• Interview</li><li>▪ Direct Observation<ul style="list-style-type: none"><li>– Dyadic Parent-Child Interaction Coding System (DPICS)</li></ul></li><li>▪ Standardized Measures</li></ul>	
<b>Theories of PCIT</b>	
<ul style="list-style-type: none"><li>• Understanding the theory between coercive parent-child dyads</li><li>• Understanding of how PCIT can change coercive cycle</li></ul>	
<b>Rationale for PCIT (See Coach Material)</b>	
<ul style="list-style-type: none"><li>• Noncompliance</li><li>• Disruptiveness</li></ul>	
<b>Break</b>	10:15 am – 10:30 am
<b>What is the Child-Directed Component (CDI)</b>	10:30 am – 12:00 pm
<b>CDI</b>	
<ul style="list-style-type: none"><li>• Administer Standardized Measures (Initial)</li><li>• PCIT Interview</li><li>• Coach Materials</li></ul>	
<b>PCIT Language</b>	
<ul style="list-style-type: none"><li>• Child-Directed Interaction</li><li>• P.R.I.D.E. Skills</li><li>• CDI Coaching Session</li><li>• Role-plays</li></ul>	
<b>Teaching Steps</b>	
<ul style="list-style-type: none"><li>• P.R.I.D.E. skill Role-plays</li></ul>	
<b>Purpose of CDI</b>	
<ul style="list-style-type: none"><li>• CDI Didactic/Coaching</li></ul>	
<b>CDI Video Clip</b>	
<b>Lunch Break</b>	12:00 pm – 1:00 pm
<b>Discuss P-R-I-D-E Skills – Role-plays</b>	1:00 am - 2:15 pm
<ul style="list-style-type: none"><li>• Reasons for Implementation</li></ul>	
<b>Mastery of the P.R.I.D.E. Skills</b>	
<ul style="list-style-type: none"><li>• Meet Mastery Criteria for Child-Directed Interaction (CDI)</li><li>• P-R-I-D-E. skill drill in five-minute role-play</li></ul>	
<b>Break</b>	2:15 pm – 2:30 pm
<b>Mastery of the P.R.I.D.E. Skills</b>	2:30 pm – 4:15 pm
<b>Question and Answer</b>	4:15pm – 4:30pm

# PARENT-CHILD INTERACTION TRAINING (PCIT)

Day 2

9:00 am - 4:30 pm



**Light Continental Breakfast/  
Questions and Review**

9:00 am

**Mastery of the P.R.I.D.E. Skills**

9:15 am – 10:15 am

- Coaching Practice
- Coding (DPICS) Video
- Role-plays

**Break**

10:15 am – 10:30 am

**Mastery of the P.R.I.D.E. Skills**

10:30 am – 12:00 pm

- Role-plays

**Lunch**

12:00 pm – 1:00 pm

**CDI Video and discussion**

1:00 pm – 1:30 pm

**Mastery of the P.R.I.D.E. Skills**

1:30 pm - 2:15 pm

- Role-plays

**Break**

2:15 pm – 2:30 pm

**Mastery of P.R.I.D.E. Skills**

2:30 pm – 4:15 pm

- Role-play and DPICS Coding
- Coaching Practice

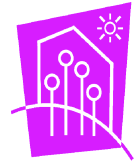
**Question and Answer**

4:15 – 4:30 pm

# PARENT-CHILD INTERACTION TRAINING (PCIT)

Day 3

9:00 am - 4:30 pm



**Continental Breakfast/  
Questions and Review**

9:00 am

**What is the Parent-Directed Component (PDI)?**

9:15 am – 10:15 am

**PDI Readiness**

- Administer Standardized Measures (Midway)
- Coach Materials

**Parent-Directed Interaction (See Coach Material)**

- Purpose of PDI
- PDI Didactic

BE - D.I.R.E.C.T. Skills

Be **Developmentally** Appropriate

Give **Individual** Commands

Show **Respect**

Give **Essential** Commands only

Offer **Choices**

**Tone** of Voice

**Break**

10:15 am – 10:30 am

**Skill Practice**

10:30 am – 12:00 pm

- PDI Coaching
- PDI Scoring (DPICS Review)
- PDI Role plays

**Lunch Break**

12:00 pm - 1:00 pm

**PDI Video**

1:00 pm – 1:30 pm

**PDI Role plays**

1:30 pm – 2:15 pm

**Break**

2:15 pm – 2:30 pm

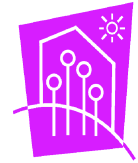
**PDI Role plays**

2:30 pm – 4:15 pm

**Questions/Answer**

4:15 pm – 4:30 pm

# PARENT-CHILD INTERACTION TRAINING (PCIT)



Day 4

9:00 am - 4:30 pm

<b>Continental Breakfast/ Questions and Review</b>	9:00 am
<b>CDI/PDI Role-plays</b>	9:15 am – 10:15am
<b>Break</b>	10:15am – 10:30am
<b>CDI/PDI Role-plays</b>	10:30am – 12:00 noon
<b>Lunch</b>	12:00 pm – 1:00 pm
<b>PDI Video</b>	1:00 pm – 1:30 pm
<b>Completing PCIT</b>	1:30 pm – 2:15 pm
<b>Feeling proficient in completing:</b>	
• A Didactic session	
• A Coaching session	
<b>Coaching Challenges</b>	
• Types of Referrals	
• Parent Engagement/Motivation	
<b>Break</b>	2:15 pm – 2:30 pm
<b>PDI Role-plays</b>	2:30 pm – 3:30 pm
<b>Plan to Graduate</b>	3:30 pm – 4:15 pm
• Administer Standardized Measures (Post)	
• Assess Parent Readiness to Graduate	
• Discuss Booster Sessions (optional)	
<b>Questions/Answer</b>	4:15 pm – 4:30 pm

**Please complete Evaluation and exchange for Certificate of Completion**

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