

# Meeting Youth Where They Are

We R Native (Jane)







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NORTHWEST PORTLAND INDIAN HEALTH BOARD

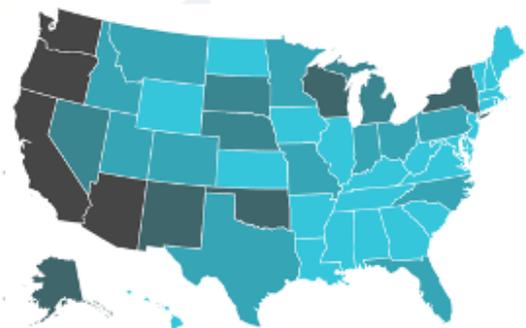
# YOUTH HEALTH TECH SURVEY 2020

REPORT CREATED BY NICOLE D. REED, MPH, CHES

In total, 349  
Native youth  
completed  
the survey.

Average  
age of  
participants  
was 19.19

Participant Age Breakdown



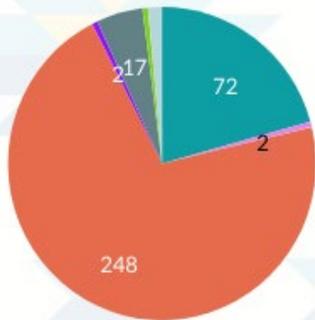
# LGBTQ+

## REPRESENTATION



## SEXUAL AND GENDER MINORITY YOUTH

### GENDER IDENTITY

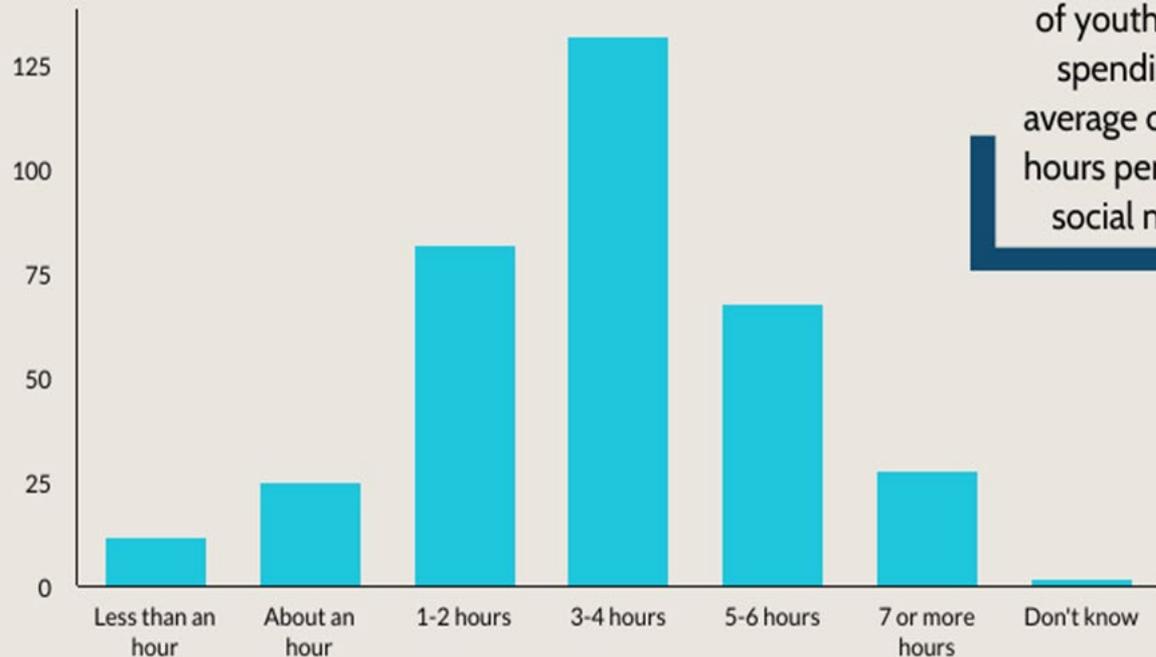


### SEXUAL ORIENTATION



- 138 participants identified as LGBTQ+
- Separate analysis conducted to better understand specific Native LGBTQ+ youth health and needs.
- Despite LGBTQ+ status, the top 3 health topics remained the same.
- 84.4% of LGBTQ+ AIAN youth reported having poor or fair mental health days compared to non-LGBTQ+ AIAN youth.
- LGBTQ+ AIAN youth reported having better physical health (62.3%) than their non-LGBTQ+ counterparts (53.9%)

## AVERAGE SOCIAL MEDIA USE



**37.8%**

of youth report  
spending an  
average of 3 to 4  
hours per day on  
social media.