



# Feelings About Being Abused



1. I would like to hide from people so I don't have to talk about it.

never      almost never      sometimes      almost always      always

2. I want to cry.

never      almost never      sometimes      almost always      always

3. I should have been able to stop it.

never      almost never      sometimes      almost always      always

4. I thought s/he really did care for me.

never      almost never      sometimes      almost always      always

5. I feel like a good person.

never      almost never      sometimes      almost always      always

6. There was nothing I could do to stop it.

never      almost never      sometimes      almost always      always

7. I think s/he had no right to hurt me.

never      almost never      sometimes      almost always      always

8. I don't understand why it happened.

never      almost never      sometimes      almost always      always

*Resource: Group Treatment for Sexually Abused Children.*