

De-Escalation Planning

Phase	Human Behavior	Staff Response
1. Calm Cooperative Prevention		
2. Trigger Unsettled Prevention & Redirection		
3. Agitation unfocused Reduce Anxiety		
4. Acceleration Intense Secure Safety		
5. Crisis/Peak Severe Crisis Intervention		
6. De-Escalation Confused Allow Space		
7. Recovery disengaged Debrief		