

Save the Date



CBT + Learning Collaborative Training and Consultation FY 24

Presented by Harborview Abuse & Trauma Center

TRAINING COMPONENTS:

Participation is open to mental health providers who provide ongoing mental health treatment to children and youth from 4 years to age 21 in the state of Washington.

Part I: Initial 3-hour asynchronous training followed up by four live online learning sessions.

Part II: Follow-up telephone clinical consultation: attend 8 out of 10 one-hour group consultation calls over 6 months.

The training and consultation will be delivered by the Harborview/UW team in collaboration with WA CBT+ Trainer Consultants. On-line Live Training Dates:

October 2023: Oct 26 & 27 and Nov 2 & 3 (Thur/Fri) 8:30AM – 2:00PM each day
January 2024: Jan 29 & 30 and Feb 5 & 6 (Mon/Tues) 8:30AM – 2:00PM each day
March 2024: March 18, 19, 25, & 26 (Mon/Tues) 8:30AM – 2:00PM each day
April 2024: April 22, 23, 29, & 30 (Mon/Tues) 8:30AM – 2:00PM each day
August 2024: August 8, 9, 15, & 16 (Thur/Fri) 8:30AM – 2:00PM each day

Is my organization eligible? Who should we send to the training?

- Licensed community mental health centers committed to implementing CBT+ for eligible clients.
- An organizational CBT+ trained supervisor must agree to provide ongoing CBT+ supervision to their participating staff.
 - If the organization has a CBT+ supervisor **on site** assigned to provide the CBT+ supervision, it may send up to 6 providers who provide therapy to children.
 - If the organization does not have a trained CBT+ supervisor on site, it may send a team that includes a clinical supervisor who will provide CBT+ supervision and two providers who provide therapy to children.
- Organizations that have not previously attended a CBT+ Learning Collaborative must have a senior clinical administrator contact Whitney Hellyer (206) 744-1645 prior to acceptance into the training.

What are the requirements of participants attending the Learning Collaborative?

- 1. Complete a 3-hour asynchronous training prior to attending the remote live training sessions.**
- 2. Attend all 4 live online learning sessions.**
- 3. Complete the CBT+ Certificate requirements:**
 - a. Attend at least 8 out of 10 consultation calls.
 - b. Present at least 1 case during the 6-month consultation period
 - c. Deliver one of the 4 CBT+ interventions to 2 clients; one case must use CBT for Trauma. **Supervisors** who attend the training must deliver one of the 4 CBT+ interventions (CBT for Trauma strongly preferred) to 1 client.
- 4. Document cases** in our on-line EBP Toolkit.

REGISTRATION NOTES:

- **Only clinical administrators or CBT+ supervisors may register participants.** The supervisor who will be providing ongoing CBT+ supervision must be named for each participant at the time of registration.
- All registration is done on-line. **Registration links will be sent at a later date.**
- There is an fee of \$400/person to participate in this learning collaborative. CEU's are provided for the training series. A Certificate of Completion will be granted upon successful completion of consultation call requirements.

Questions? Contact Yocelin Flores ycano2@uw.edu

WA DSHS Division of Behavioral Health and Recovery provides the support for the CBT+ Learning Collaborative