you are invited to the

## 21 Symposium on Health Care

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Leading behavioral economist, food psychologist, and best-selling author Brian Wansink introduces groundbreaking solutions for our schools, restaurants, grocery stores, and home kitchens that inspire positive changes in how we approach and manage our diets.

The pioneer of the Small Plate Movement, Wansink presents compelling research conducted at Cornell University's Food and Brand Lab and shares his scientific approach to confronting obesity.

October 14, 2013 3:00 – 4:30 p.m.

#### **Hogness Auditorium**

Warren G. Magnuson Health Sciences Center University of Washington Reception follows in the Health Sciences Lobby For more information call 206.543.3620

### SCIENTIFIC APPROACHES TO EATING

#### Brian Wansink, Ph.D.

John S. Dyson Professor of Marketing
Cornell University
Director of the Cornell Food and Brand Lab
Co-director of the Cornell Center for
Behavioral Economics in Child Nutrition Programs
Co-founder of the Smarter Lunchrooms Movement



