**7** fingerprint paintings

**60** stuffed animals **21** live music concerts

## **The 3 Wishes Project**

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UW Medical Center - Montlake Program Summary: October 2022 to October 2024

A multidisciplinary program to grow and support compassionate end-of-life care.



## 2 year anniversary edition



"This music helps our patients and infuses so much humanity into the hospital. My tension has melted away and I feel at peace. I feel so fortunate to have been able to be present for this experience and wish there was more of this across our hospital."

- ICU physician

## 355 patients

944 wishes

2,201 keepsakes

**364** \$0 wishes

"There is no easy way to approach the topic of death, but the [3WP] provides a tangible and meaningful way to navigate the grieving process for both family members and clinicians."

- ICU nurse

155 comfort care guilts 27 decorations **46** EKG keepsakes 1,008 fingerprint keychains 237 handprints **34** hand castings 169 locks of hair 10 special events **56** special requests 348 telemetry keepsakes 24 twinkle lights 31 word clouds 8 Virtual Bedside Concerts **51** hand clay imprints **36** playing music 2 pet therapy visits 55 heartbeat recording stuffed animals

"This wonderful program changes so many lives and really helps connect with patients."

- ICU nurse

"His nurse involved us, as we faced the sad, unreal process of watching my son's life slowly decline. The plaster hands, fingerprints, and recorded heartbeat in a stuffed animal were all novel. We all loved these meaningful ways to preserve tender memories of my son as we faced our grief and difficult decisions."

- Family member