## **The 3 Wishes Project**

UW Medical Center - Montlake Program Summary: October 2022 to July 2024

A multidisciplinary program to grow and support compassionate end-of-life care.





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"The guilt is so special. She is a guilter and has made guilts for others. And to know that someone made this guilt that she now has, and its in blue (a color she loves)...I'm going to hold this forever. Thank you for thinking of other wavs to take care of my wife."

- Family member

## 305 patients

825 wishes

1,920 keepsakes

**309** \$0 wishes

"...[the patient's] daughter thanked us for our compassionate care as her mother was dying...I felt supported in providing the best care for this patient and her family."

- ICU nurse



6 fingerprint paintings 135 comfort care quilts 27 room decorations 43 EKG keepsakes 866 fingerprint keychains **211** handprints 31 hand castings 153 locks of hair **9** special events **49** special requests 309 telemetry keepsakes 24 twinkle lights 31 word clouds 8 Virtual Bedside Concerts **51** hand clay imprints 30 music 2 pet therapy visits 38 heartbeat recording stuffed animals 46 stuffed animals



15 live music concerts

"...we sat together and listened to the patient's favorite music while creating keepsakes... it meant a lot to her family members and me..."

- ICU nurse

"Getting to know a patient is one of the most important things we do...it helps us honor who they are... [and] the 3 Wishes Project helps guide that process."

- ICU physician assistant