OVERVIEW

The University of Washington Internal Medicine Residency Program provides ideal training for a career in hospital medicine, preparing residents with a strong foundation in ward medicine, cardiology and critical care. The Hospital Medicine Learning Plan aims to graduate residents well trained to fill any hospitalist position. In addition to training in cardiology, pulmonary, nephrology, and infectious disease, heavily represented in the hospitalized population, we suggest training in some areas not typically included in every resident’s training. Some of these areas, such as Palliative Care or Acute Pain Management, cross disciplines and will enhance care of the acutely ill inpatient. Others, such as Stroke Neurology, will provide training in management of conditions commonly managed by hospitalists in the community, such as CVA. The successful hospitalist candidate will also develop skills in medicine consultation and management of the patient in the perioperative period, as co-management of surgical patients is the norm in most inpatient programs.

Outpatient experiences cannot be de-emphasized, but rather, provide the resident with a perspective on transitions between the hospital and ambulatory settings. With that understanding, clinic experiences should be selected which enhance inpatient skills or build related knowledge.

Furthermore, an exposure to hospital systems and the framework for quality improvement and patient safety initiatives will prepare a resident for such responsibilities as a future hospitalist.
MENTORSHIP
Your RAMP advisor/mentor and/or your APD can help you find a mentor in Hospital Medicine. Attempts will be made to thoughtfully pair residents and mentors based on mutual interest or practice setting. Yearly meetings are recommended.

RESIDENT SCHOLARLY REQUIREMENT
Scholarly work is not required for a career in Hospital Medicine unless one is planning for an academic career. However, most hospitalists, academic or otherwise, participate in QI and patient safety initiatives. Thus, it may be useful to have done some scholarly work during residency. Projects should ideally be based in quality improvement or patient safety or hospital medicine curriculum development. A project is already built into the Healthcare Systems Immersion Block and can be done as a Research Elective (following the guidelines for applying for research time).

HOSPITAL AND PROFESSIONAL CITIZENSHIP
Medical Center committee membership is difficult during residency but there are some committees and task forces that you may be able to join if you are interested. Specifically, the GME Quality and Patient Safety Committee is one that was created specifically for residents.

STRONGLY RECOMMENDED CLINICAL EXPERIENCES
Hospital Medicine/Academic (HMC/UWMC)
(AND/OR)
Hospital Medicine/Community (SWED/ANMC)
Healthcare Systems Immersion Block (HMC)
Medicine Consultation (HMC/UWMC)
Transitions of Care Ambulatory Block
Palliative Care Consultation
Acute Pain Management (HMC)
Stroke Neurology (HMC)
Radiology for the Internist (UWMC)
Advanced Cardiology Advanced Heart Failure Service (UWMC)
Dermatology
Gastroenterology Consultation
Hepatology (UW)
Infectious Disease Consultation
Nephrology Consultation
Pulmonary Consultation
EDUCATIONAL OPPORTUNITIES
Local specialty-specific conferences open to residents
HMC Hospital Medicine Journal Club
   2nd Tuesday monthly, location TBA; 1:30pm-2:00pm
UW Medicine Consult Conference
   1st and 3rd Wednesdays, UW Medicine Consult clinic
   (Please contact Dr. Nason Hamlin if interested in attending)

Seattle Area Chest Grand Rounds
   Thursday weekly, HMC R&T 109/113; 12:30pm-1:30pm

Respiratory Care/Critical Care Conference
   Thursday weekly, HMC R&T 109/113; 1:30pm-2:30pm

HMC Quality Improvement and Patient Safety Grand Rounds
   2nd Friday monthly, HMC R&T 117/121; 12:30pm-1:30pm

HMC Clinical Stroke Lecture Series
   HMC R&T Auditorium, 12:00pm-1:00pm, monthly

Annual Visiting Professor in Patient Safety
   TBD, University of Washington

Regional specialty-specific social/educational events open to residents
Seattle Chapter Meeting, Society of Hospital Medicine  quarterly
Washington Chapter Meeting, American College of Physicians  annually in Oct or Nov
Regional Meeting, Society of General Internal Medicine  annually in February

Dates of important national meetings
Society of Hospital Medicine  annually in April-May
Society of General Internal Medicine  annually in April-May
American College of Physicians  annually in April-May