

RAPE AGGRESSION DEFENSE (RAD)

RAD is a 12-hour course that was developed specifically for women on university and college campuses.

RAD is a simple yet effective program for university students and employees of any age and any fitness level.

RAD is **not** a martial arts program. RAD teaches realistic self-defense movements that require neither special skills nor years of practice to master.

Large numbers of sexual and physical assaults occur in the victim's home or home of someone they trust.

In 2017, there were 2,499 reported rapes In Washington State and 1,200 reported kidnappings.

Violence against women is not restricted by class, age or race. It affects us all.

POLICE DEPARTMENT
UNIVERSITY of WASHINGTON
Division of Student Life

W

1 out of 6 women
will be the victim of an
attempted or completed
rape in her lifetime



NEXT FREE CLASS:
Dec. 1 & 2, 12pm-6pm
Haggett Hall, Cascade Rm

police.uw.edu/services/rad
Attendance at all classes
required.

For more information, please
contact the program
administrator at 206.616.0870
or raduwpd@uw.edu