

Health Disparities and Community Strategies: Asian/Pacific Islanders

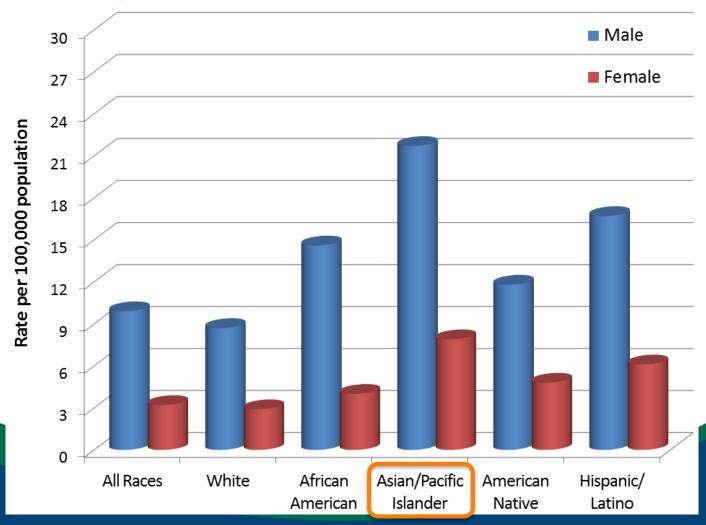
Anthony L-T Chen, MD, MPH
Director of Health
Tacoma-Pierce County Health Department

Washington State Academy of Sciences 7th Annual Meeting & Symposium September 18, 2014, Seattle, WA

Outline

- Hepatitis B as an example of health and health care disparities in Asians and Pacific Islanders
- How characteristics and demographics help us understand the challenges and underlying causes
- How progress in hepatitis B inform community strategies to reduce health and health care disparities in Asian/Pacific Islanders

Liver Cancer Incidence by Race and Ethnicity in the US, 2007



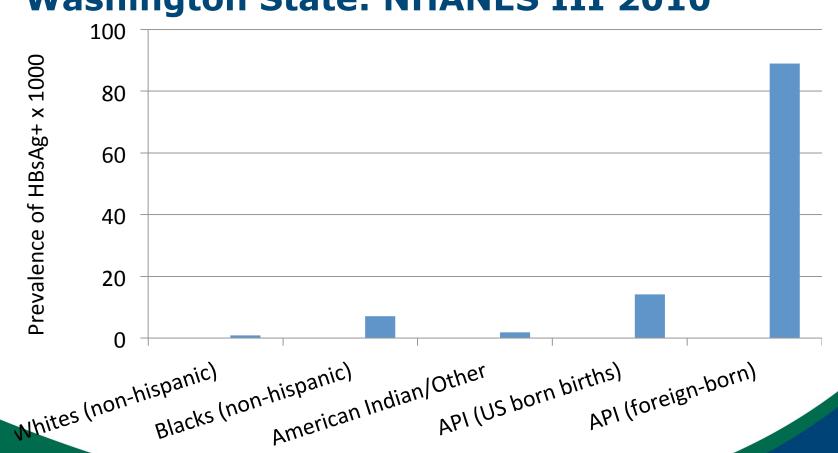
Hepatitis B Chronic Infection Rates in the US: NHANES 1999-2008

Table 1. Prevalence and Predictors of Chronic Hepatitis B Virus Infection (Positive HBsAg) Among Persons Aged 6 Years or Older in the United States, 1999 to 2008

Variable	Participants Tes	sted, n Prevalence of HBsAg (95% CI), %	Unadjusted OR (95% CI)
All participants	37 259	0.27 (0.20-0.34)	NA
Sex			
Female	19 033	0.17 (0.09-0.24)	1
Male	18 226	0.38 (0.25-0.50)	2.27 (1.31–3.96)
Race or ethnicity			
Non-Hispanic white	15 259	0.11 (0.06-0.15)	1
Non-Hispanic black	8850	0.73 (0.4-1.0)	6.9 (3.7-13.1)
Hispanic*	11 670	0.05 (0.003-0.11)	0.52 (0.2-1.5)
Other race	1480	1.97 (1.0–2.9)	19.0 (10.2–35.5)
Birthplace			
United States	30 181	0.17 (0.11-0.22)	1
Mexico	4056	0.026 (0.0-0.0007)	0.16 (0.03-0.82)
Elsewhere (white, black, or Hispanic)	2419	0.59 (0.27-0.91)	3.6 (1.9-6.6)
Elsewhere and other race	577	3.28 (1.41–5.14)	20.4 (10.3–40.6)

Ioannou G. Hepatitis B virus in the United States: infection, exposure, and immunity rates in a nationally representative survey. *Ann Intern Med* 2011:154:319-28.

Hepatitis B Prevalence By Race in Washington State: NHANES III 2010



Why Immigration Is an Asian American Issue



SOURCE: AP/Seth Wenig

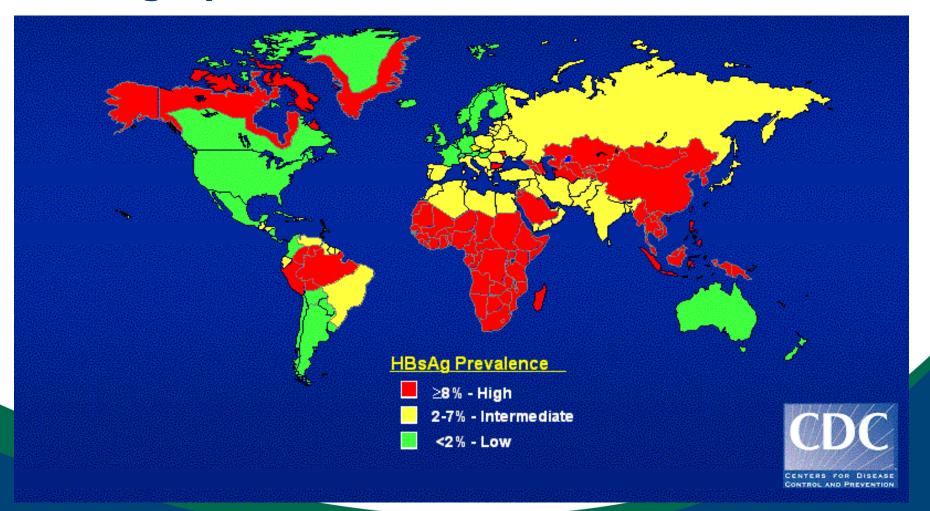
A group of Asian Americans joins others that support reform of immigration legislation at a rally in New York, Tuesday, May 1, 2007.

By Tram Kieu | May 28, 2013

Asian Americans and Immigration

- Fastest growing ethnic group in the United States
- Recently passed Hispanics as the largest group of new immigrants
- Between 2000 and 2010, total Asian American population increased 43%
- Two thirds of Asian Americans are foreign born
- Three quarters of Asian-American adults are foreign born

Geographical Distribution of Chronic HBV



Asian and Pacific Islander Populations in Washington

- US Rank #6 for Asian and #5 for Native Hawaiian/ Other Pacific Islander population
- Total state Asian and Pacific Islander population: 674,573
- Top seven counties, total API: 615,129
 - King County: 353,702 or 52.4%
 - Pierce County: 85,743 or 12.7%
 - Snohomish County: 84,201 or 12.5%
 - Clark County: 28,146 or 4.2%
 - Kitsap County: 23,064 or 3.4%
 - Thurston County: 21,728 or 3.2%
 - Spokane County: 18,545 or 2.7%

Snapshot of Asian Pacific Americans in Washington State

Group	Population Number	Percent of State API Population
Chinese	94,198	14.0
Filipino	91,367	13.5
Vietnamese	66,575	9.9
Korean	62,124	9.2
Asian Indian	61,124	9.1
Japanese	35,008	5.2
Samoan	13,110	1.9
Guam	9,746	1.4
Native Hawaiian	5,861	0.9
Other	82,179	12.2
Combined	153,281	22.7

Sampling of Asian Ethnicities in **Washington State**

Asian Indian

Okinawan

Nepali

Bangladesh

Indochinese

Pakistani

Bhutanese

Indonesian

Sikkim

Borneo

Iwo Jimayan

Singaporean

Cambodian

Japanese

Sri Lankan

Celebesian

Javanese

Sumatran

Ceram

Korean

Thai

Chinese

Laotian

Vietnamese

Filipino

Hmong

Maldivian

Malayan

Sampling of Pacific Islander Ethnicities in **Washington State**

Carolinia

Fijian

Guamanian

Hawaiian

Kosraean

Marshallese

Melanesian

Micronesian

Northern Mariana Solomon Islander

Islander

Paluan

Papua New

Guinean

Polynesian

Ponapean

Samoan

Tahitian

Tarawa Islander

Tongan

Trukese

Yapese

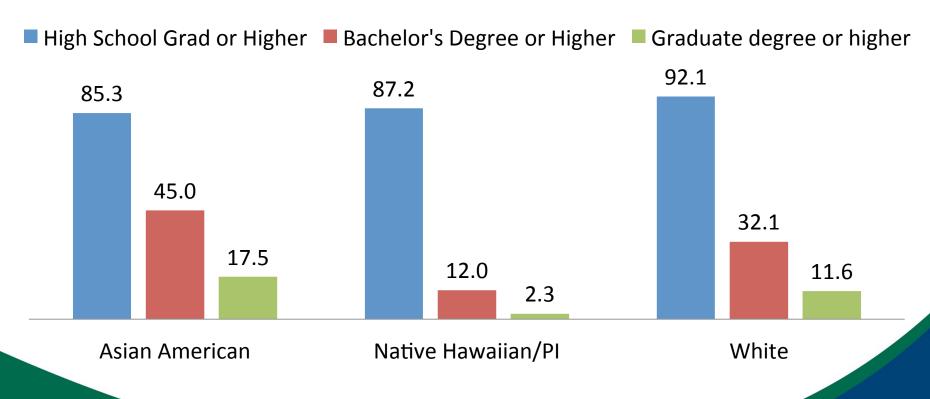
Hepatitis B Exposure (Past Infection) Rates in the US: NHANES 1999-2008

Table 2. Prevalence and Predictors of Exposure to Hepatitis B Virus (Positive Anti-HBc) Among Persons Aged 6 Years or Older in the United States, 1999 to 2008

Characteristic	Participants Tested, <i>n</i>	Prevalence of Anti-HBc, (95% CI), %	Unadjusted OR (95% CI)
All participants	37 259	4.6 (4.1-5.0)	NA
Sex	.0.022	20.0	
Female	19 033	3.9 (3.4–4.4)	1
Male	18 226	5.3 (4.7–5.9)	1.39 (1.2–1.6)
Family income			
≥2 times poverty threshold	16 993	3.6 (3.2-4.0)	1
1–1.9 times poverty threshold	9197	6.2 (5.4–7.0)	1.79 (1.5–2.1)
Below poverty threshold	8328	5.7 (4.7–6.7)	1.63 (1.1–2.0)
Education (participants aged ≥20 y)			
<12 y	7191	8.7 (7.6-9.8)	1
≥12 y	15 950	4.8 (4.3–5.3)	0.53 (0.47-0.60)

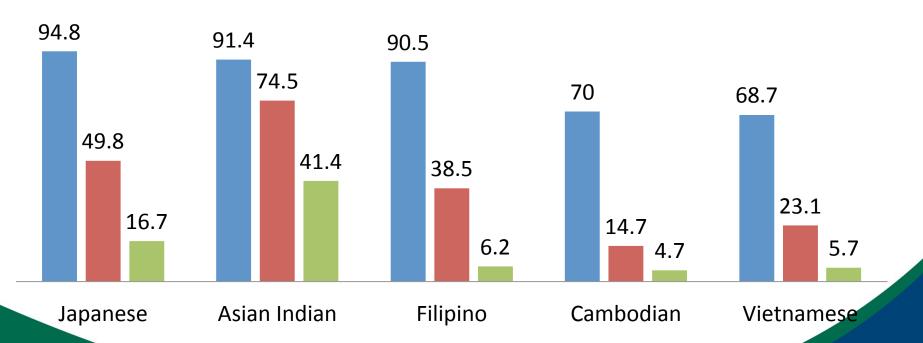
Ioannou G. Hepatitis B virus in the United States: infection, exposure, and immunity rates in a nationally representative survey. *Ann Intern Med* 2011:154:319-28.

Education Levels Among Asian/Pacific Islander and White Adults in Washington State, 2010-2012

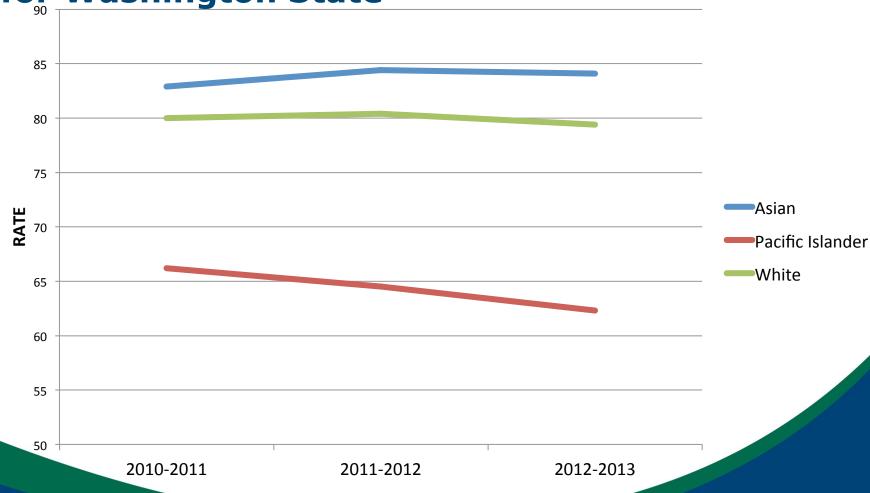


Education Levels Among Selected Asian Ethnicities in Washington State, 2010-2012

■ High School Grad or higher ■ Bachelor's Degree or Higher ■ Graduate degree or higher



Adjusted Cohort Graduation Rate (four year) for Washington State



English Proficiency Among Asian Americans

- 1 in 3 Asian Americans have limited English proficiency
- Vietnamese, Laotian and Hmong have the highest rates of limited English proficiency
- Limited English Proficient (LEP) students have the lowest on-time graduation rates (56.6%).

From Healthcare Disparities to Health

- Provider and public knowledge
- Access to quality health care
- Policy recommendations and guidelines
- Adherence to guidelines (quality improvement):
 - Screening
 - Perinatal hepatitis B testing
 - Vaccination
- Cultural and linguistic proficiency

Provider and Public Knowledge

Your Health. Your Family. Your Choice.					
HOME ABOUT US VACCINES LAW & POLICY	NEWS & EVENTS RESOUR	CES VACCINE REACTIONS FAQ	s		
Get our FREE Newsletter Enter email address Subscrib	e Now!	Translate this page: Choose Language	ge 💠		
Like 293 Tweet 2 Share 0 a print this page RSS					
Hepatitis B	Y! Mail Email s	ize: 🗖 🛨			
	f Facebook	Make a Diff	ference		
Merriam - Webster's Medical Dictionary Go		NVIC is 100% funded donations. Please giv Help educate families a	re.		

Quick Facts

Hepatitis B

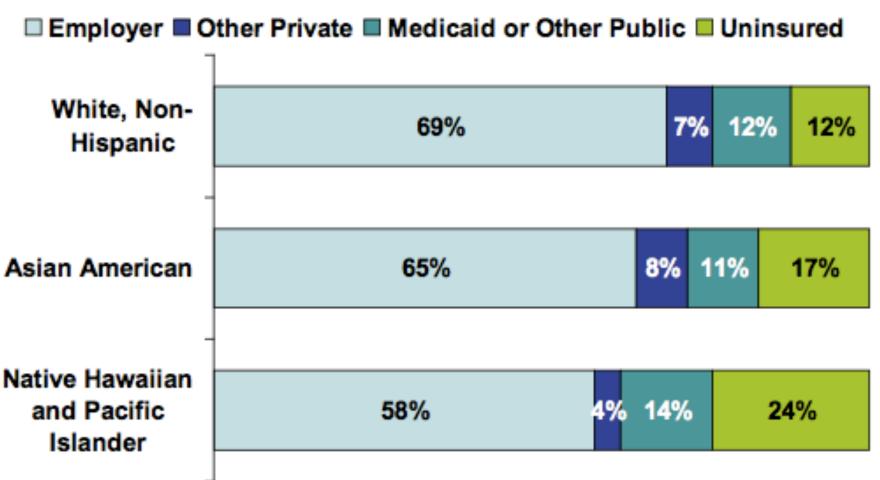
Most people do not experience any symptoms during acute infection but may have symptoms, such as yellowing of the skin and eyes (jaundice), dark urine, extreme fatigue, nausea, vomiting and abdominal pain. [2,4]

- blood or other body fluids for transmission. Most acute hepatitis B infections do not persist but if the infection lasts 6 months or longer, it could lead to chronic liver disease, liver cancer and death.[4]
- Hepatitis B is not common in childhood in the U.S. and is not highly contagious in the same way that common childhood diseases like pertussis and chicken pox are contagious. In the U.S., hepatitis B is primarily an adult disease (ages 20-50) but the virus also can be transmitted from an infected mother to her newborn baby. Most people do not experience any symptoms during acute infection but may have symptoms, such as yellowing of the skin and ever (jaundice), dark urine, extreme fatigue, nausea, vomiting and abdominal pain. [2,4]
- · While hepatitis B was not prevalent in the U.S. before childhood vaccination campaigns were introduced in 1991, historically it has been endemic in Asia and Africa. Worldwide, hepatitis B is



the cause of In the U.S., individuals at highest risk for hepatitis B infection are those, who engage in risky In the U.S., behaviors such as illegal IV drug abuse, prostitution, men who have sex with men, heterosexuals with multiple with multiple sexual partners and people who have received blood transfusions using infected blood. Healthcare workers, who are exposed to infected blood or body fluids of patients through contact with needles or medical devices used on patients, or when breaches in proper hygiene and/or infection control practices occur, are at high risk for becoming infected with hepatitis B. In

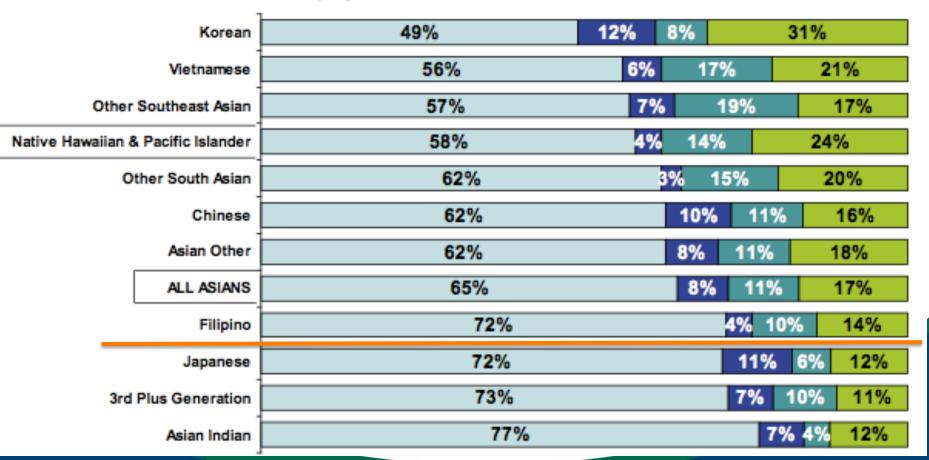
Health Coverage Among Asian and Pacific Islanders, 2004-2006



Kaiser Family Foundation and the Asian & Pacific Islander American Health Forum. Health Coverage and Access to Care Among Asian Americans, Native Hawaiians and Pacific Islanders. 2008. http://kaiserfamilyfoundation.files.wordpress.com/2013/01/7745.pdf

Health Coverage Among Asian and Pacific Islander Subgroups, 2004-2006

■ Employer ■ Other Private ■ Medicaid or Other Public ■ Uninsured



Kaiser Family Foundation and the Asian & Pacific Islander American Health Forum. Health Coverage and Access to Care Among Asian Americans, Native Hawaiians and Pacific Islanders. 2008. http://kaiserfamilyfoundation.files.wordpress.com/2013/01/7745.pdf

PEDIATRICS[®]

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

Hepatitis B Immunization Coverage Among Vietnamese-American Children 3 to 18 Years Old

Christopher N. H. Jenkins, MA, MPH*; Stephen J. McPhee, MD*‡; Ching Wong*; Thoa Nguyen*; and Gary L. Euler, DrPH§

ABSTRACT. Objective. Persons with chronic hepatitis B virus (HBV) infection are at increased risk of chronic hepatitis, cirrhosis, and liver cancer. Although HBV infection is relatively uncommon in the United

to design successful catch-up campaigns for this population. *Pediatrics* 2000;106(6). URL: http://www.pediatrics.org/cgi/content/full/106/6/e78; hepatitis B immunization; Vietnamese-Americans.

- Concern: Not immunizing one cohort of adolescents in the US will result in 160,000 hepatitis B infections, 10,000 chronic infections, and 1400 deaths
- Coverage survey of Vietnamese-American children
 3-18 yo in Houston, Dallas, and Washington, DC, 1998

Findings

- National Immunization Survey (1996) found 88% of API children 19-35 mos received all 3 doses of HBV
- Total study sample: only 14-29% of Vietnamese-American children 3-18 yo received all 3 doses of HBV
- Children less likely to have been immunized if:
 - They lived in the Texas sites
 - They were older
 - Their families had lived in the United States for a longer time
 - Their provider was Vietnamese or an institutional provider

Policy Recommendations and Guidelines: Hepatitis B Vaccination

- 1982:
 - Vaccination of infants of HBsAg mothers
- 1988:
 - Vaccination of infants in racial/ethnic groups with high HBV infection
- 1991:
 - Universal vaccination of infants
 - Vaccination of adolescents with high risk behavior
 - Vaccination of selected high-risk groups
- 1994:
 - Catch-up vaccination of all unvaccinated children <11 yo in racial/ethnic groups from areas with high or intermediate endemicity.
 - Vaccination of all 11-12 yo children who have not previously received hepatitis B vaccine.
- 1997:
 - Universal vaccination of all children 0-18 yo





Morbidity and Mortality Weekly Report

Recommendations and Reports

December 23, 2005 / Vol. 54 / No. RR-16

A Comprehensive Immunization Strategy to Eliminate Transmission of Hepatitis B Virus Infection in the United States

Recommendations of the Advisory Committee on Immunization Practices (ACIP) Part 1: Immunization of Infants, Children, and Adolescents







Comprehensive Immunization Strategy to Eliminate Transmission of Hepatitis B

- Universal vaccination of infants beginning at birth
- Prevention of perinatal HBV infection
- Routine vaccination of previously unvaccinated children and adolescents
- Vaccination of unvaccinated adults at increased risk for infection

Comprehensive Immunization Strategy to Eliminate Transmission of Hepatitis B

- Standing orders for HBV vaccination beginning at birth
- Hospital policies and procedures and case management programs to identify and manage infants born to HBsAg+ mothers
- Vaccination record reviews for all children 11–12 yo and children <19 yo born in countries with intermediate and high levels of HBV
- Hepatitis B vaccine requirements for school entry
- Providing hepatitis B vaccination in settings that serve adolescents.

Policy Recommendations and Guidelines: Hepatitis B Screening



In the United States, approximately 700,000 these, approximately 15% to 25% die of cirr infection may include hepatic decompensation

Persons with chronic HBV infection may act screening may include detection of chronica monitoring for development of hepato cellula

SYNOPSIS AND PERSPECITIVE

Persons at high risk for HBV infection should Preventive Services Task Force (USPSTF).

Michael L. LeFevre, MD, MSFH, and collead May 27 in the *Annals of Internal Medicine*.

"The recommendations are given a grade of moderate or that there is moderate certainty

"The recommendations are given a grade of B, which indicates that there is high certainty that the net benefit is moderate or that there is moderate certainty that the net benefit is moderate to substantial...These recommendations are a dramatic and welcome upgrade from the 2004 USPSTF guidelines, which issued a grade D recommendation against asymptomatic persons for HBV infection."

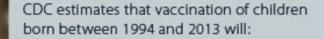
MPH, and Raymond T. Chung, MD, from Massachusetts General Hospital in Boston, write in an accompanying editorial. "These recommendations are a dramatic and welcome upgrade from the 2004 USPSTF guidelines, which issued a grade D recommendation against screening asymptomatic persons for HBV infection."

National Policy: Access to Care

Vaccines for Children

20 years of protecting America's children

The Vaccines for Children program was established in 1994 to make vaccines available to uninsured children. VFC has helped prevent disease and save lives...big time!



prevent **322 million** illnesses



help avoid **732,000** deaths



\$ 1.4 trillion
in total societal costs
(that includes \$295 billion in direct costs)



MMMD. Secretar from Immunication During the Mactions for Children Program Da. — United States, sons-core

NORD-IN GAZILINIA

www.cdc.gov/features/vfcprogram

U.S. Department of Health and Human Services Centers for Disease Control and Prevention

National Policy: Access to Care

One Hundred Fourth Congress of the United States of America

AT THE SECOND SESSION

Begun and held at the City of Washington on Wednesday, the third day of January, one thousand nine hundred and ninety-six

An Act

To provide for reconciliation pursuant to section 201(a)(1) of the concurrent resolution on the budget for fiscal year 1997.

- Personal Responsibility and Work Opportunity Reconciliation Act of 1996 = Welfare Reform
- Legal immigrants are denied public assistance for five years or until they attain citizenship

National Policy: Access to Care

- Washington Health Care Access Act: Basic Health Plan
 - 1987 Pilot
 - 1993 Permanent
 - 2014 Ended
- Patient Protection and Affordable Care Act, 2010

Public Law 111–148 111th Congress

An Act

Entitled The Patient Protection and Affordable Care Act.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE; TABLE OF CONTENTS.

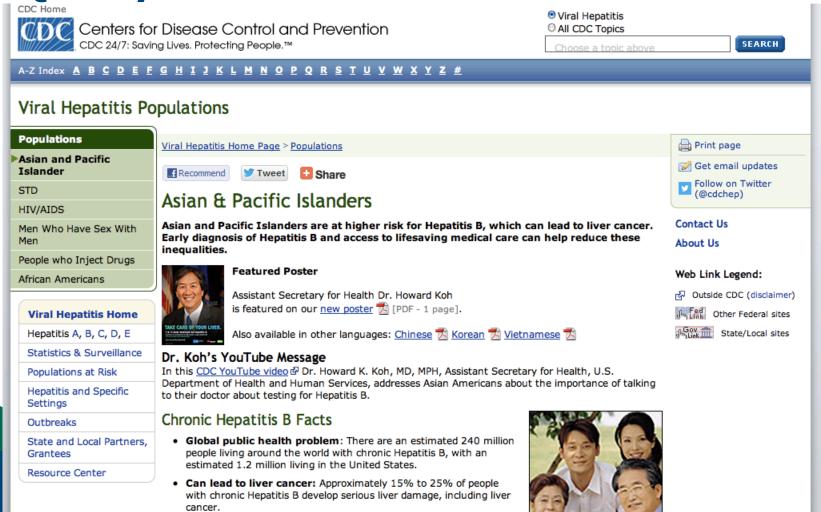
(a) SHORT TITLE.—This Act may be cited as the "Patient Protection and Affordable Care Act".

Mar. 23, 2010 [H.R. 3590]

Basic\Health_{TM}

Patient Protection and Affordable Care Act. 42 USC 18001 note.

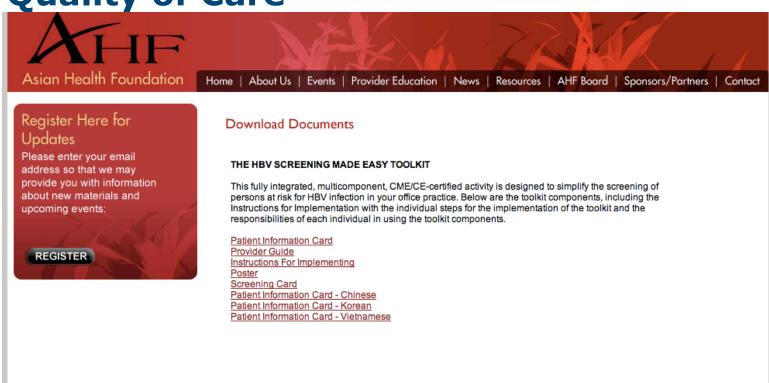






Specific high-risk groups that should be screened include:

- persons born in countries and regions where the prevalence of HBV infection is at least 2%;
- persons who were born in the United States but who were not vaccinated as infants, and whose parents were born in regions such as sub-Saharan Africa and southeast and central Asia, where the prevalence of HBV infection is 8% or more;
- persons testing positive for HIV;
- users of injection drugs;
- men who have sex with men;
- household contacts of persons with HBV infection.





6th Annual AHF Content Development

AHF Provider Education:

Information specifically for healthcare professionals interested in learning more about Hepatitis





NOW AVAILABLE

Download the NEW HBV Screening Made Easy Toolkit

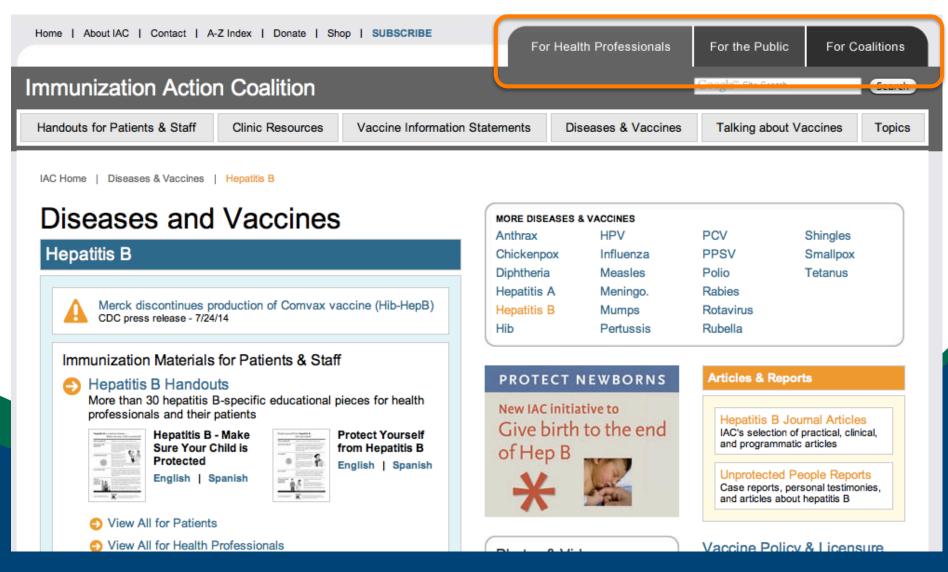


Strategies & Solutions for Hepatitis B Screening, Testing, Linkage to Care, & Treatment

DOWNLOAD



Increasing Provider and Public Knowledge



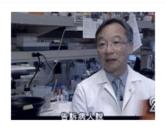


Chinese celebrities Huang Lei and Zhou Dongyu

Famous Chinese celebrities Huang Lei and Zhou Dongyu, join the 2014 Jade Ribbon Campaign to raise social awareness of hepatitis B and eliminate misconceptions about infection.



Chinese celebrities Huang Lei and Zhou Dongyu



Dr. So on KTSF



Dr. So teams up with HBV survivors



Mini Video Clip on HBV for World Hepatitis Day

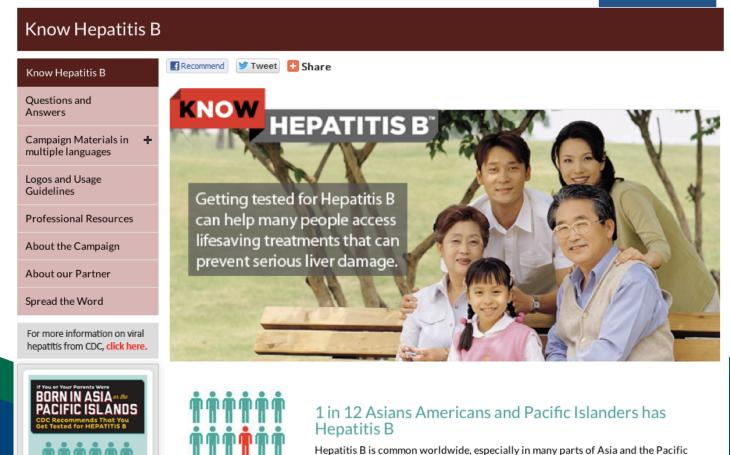


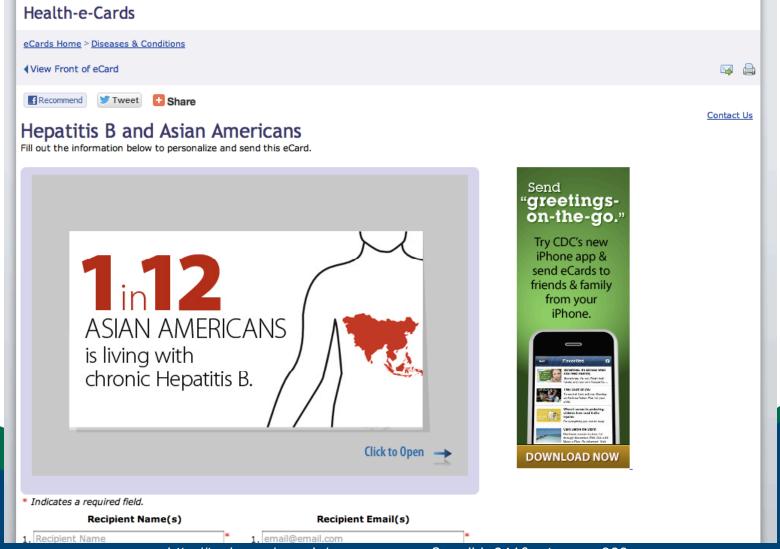
Asian Liver Center at SF Chinese New Year Parade 2013

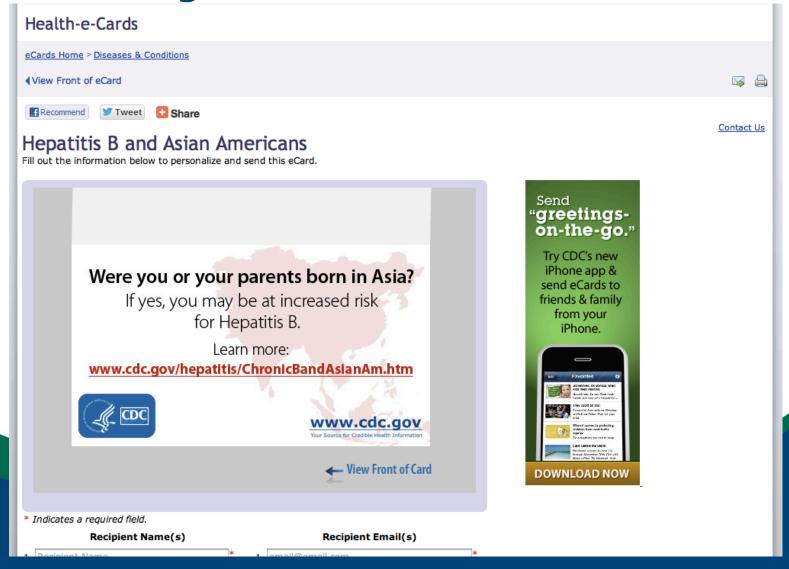


SEARCH Q











Mission: Eliminate hepatitis B and hepatitis B related liver disease and liver cancer by:

- Empowering and mobilizing communities
- Enabling national networking and policy development
- Advocating for education and access to comprehensive care and affordable treatment for all Asian and Pacific Islander Americans.





HEP B FACTS | ABOUT US | LOCAL CAMPAIGNS | GET TESTED | POLICY INITIATIVES | RESOURCES | NEWS | EVENTS

Hep B United – We Can Stop Hepatitis B

Hep B United is a national coalition to address the public health challenge of hepatitis B, the leading cause of liver cancer and a major health disparity among Asian Americans. Our goal is to support and leverage the success of local community coalitions across the U.S. to increase hepatitis B awareness, screening, vaccination and linkage to care for all Americans, but in particular, for high-risk Asian and Pacific Islander populations who are disproportionately impacted.

Our Goals

The goals of Hep B United and the local campaigns are to:

- · Raise the profile of hepatitis B and liver cancer as an urgent public health priority.
- Increase hepatitis B testing and vaccination, particularly among Asian Americans and other at-risk communities.
- Improve access to care and treatment for individuals living with hepatitis B to prevent endstage liver disease and liver cancer.

Growing Momentum to Address Hepatitis B

Hepatitis B affects up to two million Americans – yet the disease is often overlooked and largely

Announcements

CDC's Know Hepatitis B Campaign Named as a MCH Marketing Awards Finalist for Best Asian Health Campaign and Best Multicultural Radio Campaign

Registration Now Open for HBU's Webinar on Sept. 30: Hepatitis B Provider Knowledge and Screening Practices

CDC's Second Phase of the National Know Hepatitis B Campaign has Been Released

The White House Recognizes Joan Block for Her Leadership in Combatting Viral Hepatitis

Multimedia









NYC HEPATITIS B COALITION



Main Page

NYC Hep B Coalition

NYC Hep C Task Force

outreach, advocacy and support of research.

Policy

The NYC Hepatitis B Coalition was founded in 2009 as a city-wide network of community based

organizations, health care organizations, providers, and others interested in hepatitis B related issues. The

stakeholders to advance hepatitis B awareness, screening, access to care, and vaccination through education

NYC Hepatitis B Coalition Mission is to coordinate efforts to prevent, manage and reduce hepatitis B

among all residents of New York City. The coalition seeks to foster an inclusive collaboration among all

Events Calendar

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portunities

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Free Screenings

Events

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Donate

DONATE TODAY 6 San Francisco Hep B

About Us

Our Mission

San Francisco Hep B Free is a citywide campaign to turn San Francisco into the first hepatitis B free city in the nation. This unprecedented campaign will provide free and low-cost hepatitis B testing and vaccinations to Asian and Pacific Islander (API) adults at locations throughout San Francisco.



Who We Are

Governance Council Staff & Volunteers Steering Committee

About Us

Hepatitis B Free Project

ABOUT US

Utsw.HepbFree@Gmail.com | (702) 763-4372

CONTACT US

Mandarin | Cantonese More Videos

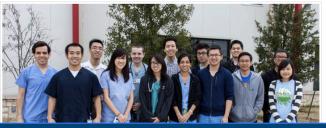


Download this patient ask

B a Hero!



Hep B United A national campaign to

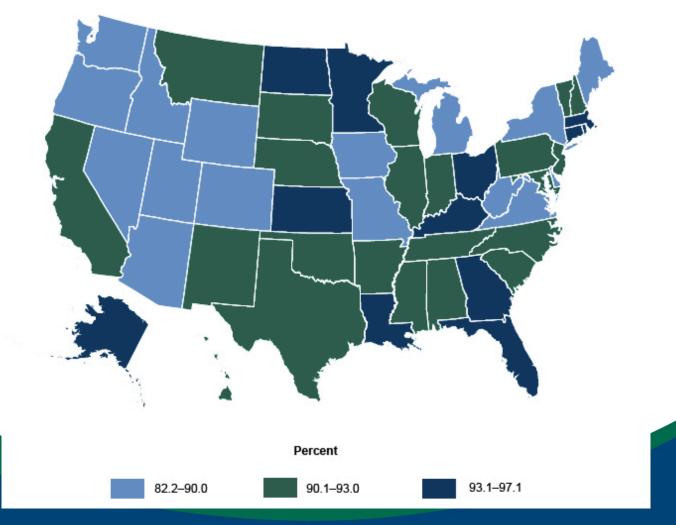


The DFW Hepatitis B Free Project is an organization run by medical students from UT Southwestern Medical School that provides free Hepatitis B and C screenings to

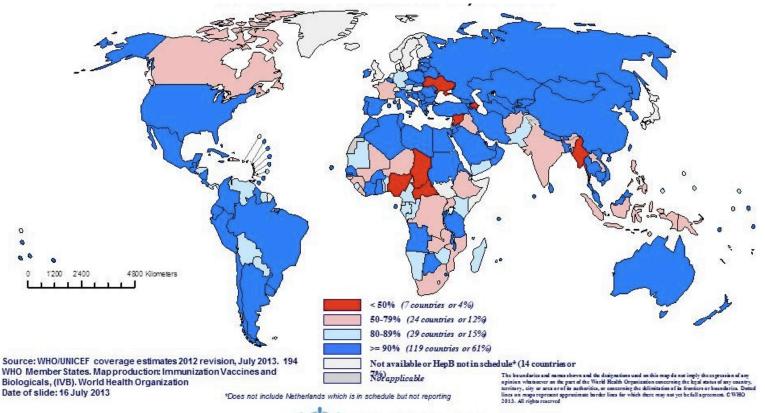
Hepatitis B Immunization Coverage for Children 19–35 mos by Race and Ethnicity, National Immunization Survey, 2013

Race/Ethnicity	Percentage		
White, non-Hispanic	91.0		
Black, non-Hispanic	91.1		
Hispanic	89.7		
American Indian/Alaska Native only, non-Hispanic	96.1		
Asian, non-Hispanic	92.0		
Native Hawaiian or other Pacific Islander	94.9		
Multiracial, non-Hispanic	90.7		

HBV Immunization Coverage for Children 19–35 mos, 2011



HBV Immunization Coverage (3 doses) Worldwide



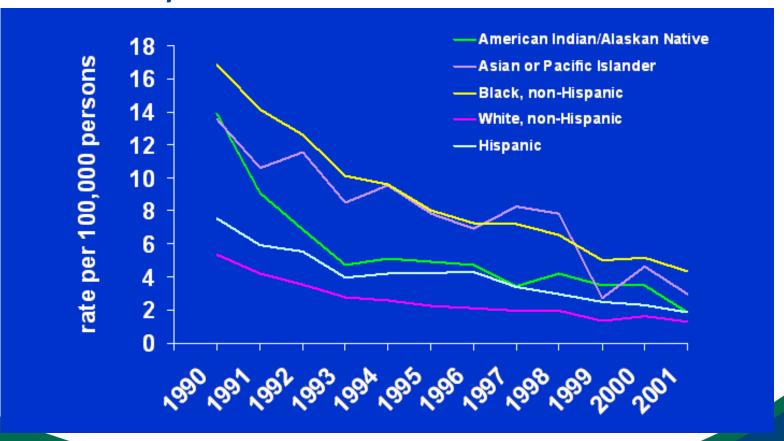


Hepatitis B Infection in US Children Preand Post Universal Vaccination

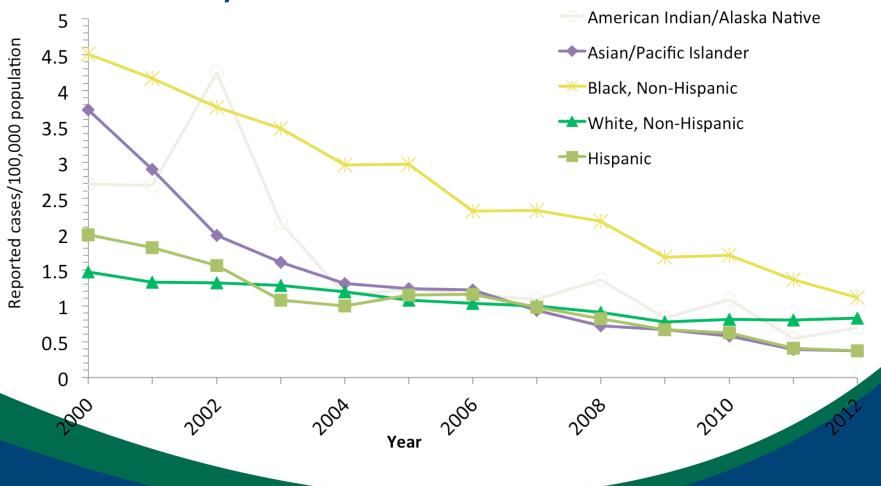
Table 2. Age-Adjusted Prevalence of Past and Present Hepatitis B Virus Infection among Children 6–19 Years of Age, by Selected Demographic Characteristics

	NHANES III (1988-1994)			NHANES 1999-2006			
Variable	Sample size ^a	No. of children with positive results	Prevalence, % (95% CI)	Sample size ^a	No. of children with positive results	Prevalence, % (95% CI)	P^{b}
Overall	5679	77	1.9 (1.2-2.7)	12,004	81	0.6 (0.4-0.9)	<.01
Race and ethnicity							
White, non-Hispanic	1478	13	0.7 (0.4–1.3) ^c	3058	15	0.6 ().3–1.2) ^c	NS
Black, non-Hispanic	1921	35	2.2 (1.4–3.3)	3830	44	1.0 ().7–1.4)	<.05
Mexican American	2011	6	0.5 (0.1–1.3) ^c	4148	17	0.4 ().2–0.7) ^c	NS
Other	269	23	10.3 (5.2–17.7)	968	5	0.4 (1).1–1.1) ^c	<.01

Incidence of Acute HBV by Race/Ethnicity in the US, 1990-2001



Incidence of Acute HBV by Race/Ethnicity in the US, 2000-2012



From Healthcare Disparities to Health

- Provider and public knowledge
- Access to quality health care
- Policy recommendations and guidelines
- Adherence to guidelines (quality improvement):
 - Screening
 - Perinatal hepatitis B testing
 - Vaccination
- Cultural and linguistic proficiency

National Prevention Strategy Recommendations

- Ensure a strategic focus on communities at greatest risk.
- Reduce disparities in access to quality health care.
- Increase the capacity of the prevention workforce to identify and address disparities.
- Support research to identify effective strategies to eliminate health disparities.
- Standardize and collect data to better identify and address disparities.

RWJF: Roadmap and Best Practices to Reduce Racial and Ethnic Disparities in Health Care

- Culturally tailored to meet patients' needs
- Employ multidisciplinary teams of care providers
- Target multiple leverage points along a patient's pathway of care
- Patient navigation and engaging family and community members in the health care process

PolicyLink: Reducing Health Disparities Through a Focus on Communities

Principles:

- Utilize multisector and multistrategy approaches to improve community conditions and individual health
- Tailor community-driven interventions to the specific community context
- Understand and address the role of race and ethnicity in building healthy communities
- Strengthen and build upon community assets for the long term

Summary

- Asian and Pacific Islanders suffer disparities in health and healthcare
- There is significant diversity among ethnic subgroups
- This leads to challenges in data collection and analysis and intervention
- These characteristics and demographics help us understand the challenges and underlying causes of disparities
- Examining healthcare disparities can help inform strategies for improving health disparities.
- Through a combination of multiple community strategies, there has been significant reduction in the and healthcare disparities for hepatitis B

Contact information

Anthony L-T Chen, MD, MPH
Director of Health
Tacoma-Pierce County Health Department

achen@tpchd.org

253-768-6411