

Education:

University of Washington (UW), Seattle, WA September 2015 - present
Ph.D. in Clinical Psychology, Advisor: William George, Ph.D., Co-Advisor: Mary Larimer, Ph.D.

University of Virginia (UVa), Charlottesville, VA May 2012
B.A. in Psychology and Cognitive Science

Peer-Reviewed Publications:

Gasser, M. L., & George, W. H. (2023). Alcohol Intoxication, Sexual Refusal Assertiveness, and Risky Sexual Behavior [Manuscript submitted for publication]. Department of Psychology, University of Washington, Seattle, Washington.

Gasser, M. L., Gray, C. E., & Seldin, K. (2023). Youth-focused Design and Regulation in eHealth Can Help Address the Mental Healthcare Crisis. *Journal of Science Policy and Governance*, 21(3).
<https://doi.org/10.38126/jspg210304>.

Howell, J. L., **Gasser, M. L.**, Kaysen, D., & Lindgren, K. P. (2022). Understanding parental vaccine refusal: implicit and explicit associations about vaccines as potential building blocks of vaccine beliefs and behavior. *Social Science and Medicine*, 310, 115275.

Gleason, N., Conroy, K., Taylor, S., Smith, L., **Gasser, M.**, Jennings, T., Lyng, T., Coleman, E., & Banik, S. (2022). "Sex Seems Less Important When You are Worried About a Deadly Virus." A Content Analysis of Reported Reasons for Changes in Sexual Behavior and Satisfaction During the COVID-19 Pandemic. *Journal of Sex and Marital Therapy*. <https://doi.org/10.1080/0092623X.2022.2064948>

Henderson, C.E. Najjar, L.Z., Young, C.M., Leasure, J.L., Neighbors, C., **Gasser, M.L.**, & Lindgren, K.P. (2021). Longitudinal Relations Between Physical Activity and Alcohol Consumption Among Young Adults. *Psychology of Addictive Behaviors*, 37(2), 285–293. <https://doi.org/10.1037/adb0000807>

Neighbors, C., Tomkins, M., Garey, L., **Gasser, M.**, Quarishi, N., & Lindgren, K.P. (2021). Fluctuation in the Sense of Belongingness During College Moderates Within-Person Associations Between Perceived Injunctive Norms and Subsequent Drinking. *Psychology of Addictive Behaviors*.
<https://doi.org/10.1037/adb0000795>

Heffner, J. L., Watson, N. L., Serfozo, E., Mull, K. E., MacPherson, L., **Gasser, M.**, & Bricker, J. B. (2019). A Behavioral Activation Mobile Health App for Smokers With Depression: Development and Pilot Evaluation in a Single-Arm Trial. *JMIR formative research*, 3(4), e13728.
<https://doi.org/10.2196/13728>

Coyle, T. N., Brill, C. D., Aunon, F. M., Peterson, A. P., **Gasser, M. L.**, Kuehn, K. S., & Harned, M. S. (2019). Beginning to envision a life worth living: An introduction to pretreatment sessions in dialectical behavior therapy. *Psychotherapy*, 56(1), 21-27.

Kiciman, E., Counts, S., & **Gasser, M.** (2018). Using Longitudinal Social Media Analysis to Understand the Effects of Early College Alcohol Use. Paper presented at the International AAAI Conference on Web and Social Media (ICWSM 2018), Palo Alto, CA. <https://doi.org/10.1609/icwsml.v12i1.15012>

Lindgren, K. P., Ramirez, J. J., Wiers, R. W., Teachman, B. A., Norris, J., Olin, C. C., **Gasser, M. L.**, Kaysen, D., & Neighbors, C. (2018). Mood selectively moderates the implicit alcohol association – drinking relation in college student heavy episodic drinkers. *Psychology of Addictive Behaviors*, 32(3), 338-349.
<https://doi.org/10.1037/adb0000360>

- Lindgren, K.P., Neighbors, C., **Gasser, M.L.**, Ramirez, J.J., & Cvencek, D. (2017). A review of implicit and explicit substance self-concept as a predictor of alcohol and tobacco use and misuse. *The American Journal of Drug and Alcohol Abuse*, 1-10.
- Lindgren, K. P., Neighbors, C., Teachman, B. A., Baldwin, S. A., Kaysen, D., Norris, J., **Gasser, M. L.**, & Wiers, R. W. (2016). Implicit Alcohol Associations, Especially Drinking Identity, Predict Drinking Over Time. *Health Psychology*, 35(8), 908.
- Lindgren, K. P., **Gasser, M. L.**, Werntz, A. J., Namaky, N., & Teachman, B. A. (2016). Moderators of Implicit and Explicit Drinking Identity in a Large US Adult Sample. *Addictive Behaviors*, 60, 177-183.
- Lindgren, K. P., Wiers, R. W., Teachman, B. A., **Gasser, M. L.**, Westgate, E. C., Cousijn, J., Enkema, M. & Neighbors, C. (2015). Attempted Training of Alcohol Approach and Drinking Identity Associations in US Undergraduate Drinkers: Null Results from Two Studies. *PLoS ONE*, 10(8): e0134642.
- Kulesza, M., Teachman, B. A., Werntz, A. J., **Gasser, M. L.**, & Lindgren, K. P. (2015). Correlates of public support toward federal funding for harm reduction strategies. *Substance Abuse Treatment, Prevention, and Policy*, 10(1), 25.
- Lindgren, K.P., Neighbors, C., Teachman, B.A. , **Gasser, M.L.**, Kaysen, D., Norris, J., & Wiers, R.W. (2015). Habit Doesn't Make the Predictions Stronger: Implicit Alcohol Associations and Habitualness Predict Drinking Uniquely. *Addictive Behaviors*, 45, 139-145.
- Lindgren, K.P., Neighbors, C., Wiers, R.W., **Gasser, M.L.**, & Teachman, B.A. (2015). Evaluating Implicit Drinking Identity as a Mediator of Drinking Motives and Drinking Outcomes. *Addictive Behaviors*, 43, 33-38.
- Kilmer, J., Markman Geisner, I., **Gasser, M. L.**, & Lindgren, K.P. (2015). Normative Perceptions of Non-medical Stimulant Use: Associations with Actual Use and Hazardous Drinking. *Addictive Behaviors*, 42, 51-56.
- Cody, M. W., Clerkin, E. M., Stevens, E. S., **Gasser, M. L.**, Pasciuti, M. L., & Teachman, B. A. (2014). Social anxiety disorder and global/local performance on a visuospatial processing task. *Journal of Experimental Psychopathology*, 5, 83-96.
- Lindgren, K. P., Kaysen, D., Werntz, A. J., **Gasser, M. L.**, & Teachman, B. A. (2013). Wounds that can't be seen: Implicit Trauma Associations predict posttraumatic stress disorder symptoms. *Journal of behavior therapy and experimental psychiatry*, 44(4), 368-375.

Book chapters:

- Gasser, M.** (2023). Equity in eHealth: Amplifying youth voices in mental health care. In M. Koch, E. Eastman, I. Kickbusch & J. Kirton (Eds.), *Health: a Political Choice, Fragmentation to Integration* (pp. 88-89). GT Media Group Ltd.

Professional Presentations and Publications:

- Gleason, N., Wang, S., Smith, L., Gulati, N., **Gasser, M.**, Rham-Knigge, R., Miner, M. H., Coleman, E., & George, W. (2022). All Gas No Brakes? The Relationship Between Compulsive Sexual Behavior and HIV Sexual Risk Behavior: A Review of the Literature and Framework for Future Research. Poster presented at the annual meeting of the International Academy of Sex Research.

- Smith, L., Gleason, N., Gulati, N., **Gasser, M.**, Wang, S. & George, W. (2022). Understanding sexual aggression perpetration in LGB communities: A literature review & call to action. Poster presented at the annual meeting of the International Academy of Sex Research.
- Heffner, J. L., Watson, N. L., Kelly, M. M., Reilly, E., Serfozo, E., **Gasser, M. L.**, & Karekla, M. (2021). Preliminary Assessment of the Impact of the COVID-19 Pandemic on Cigarette Smoking among Sexual and Gender Minority (SGM) Young Adults. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, virtual.
- Young, C. M., Henderson, C. E., Najjar, L. Z., **Gasser, M. L.**, Leasure, J. L., Neighbors, C., & Lindgren, K. P. (2019). The Burn and the Buzz: Changes in Physical Activity Predict Current and Future Alcohol Consumption in Young Adults. Poster presented at the annual meeting of the Research Society on Alcoholism, Minneapolis, MN.
- Gasser, M.L.**, Bricker, J. B., Watson, N. L., Serfozo, E., Mull, K. E., MacPherson, L., & Heffner, J. L. (2019). Concurrent Shifts in Alcohol Use, Smoking, and Depression: An mHealth Behavioral Activation and Smoking Cessation App Pilot. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Yu, C., **Gasser, M.L.**, & Fagan, C. (2019). Premature Termination in a University-based Psychology Training Clinic and the Impact of Measurement-based Care. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Heffner, J.L., Watson, N.L., Serfozo, E., Mull, K.E., MacPherson, L., **Gasser, M.**, & Bricker, J.B. (2018). Development And Pilot Evaluation Of An Mhealth App For Smokers With Depression. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA.
- Gasser, M.L.**, George, W. H., Davis, K. C., & Stappenbeck, C. A. (2018). Alcohol Intoxication, Sexual Refusal Assertiveness, and Risky Sexual Behavior. Poster presented at the annual meeting of Collaborative Perspectives on Addiction, Tampa, FL.
- Neilson, E. C., Brill, C. D., **Gasser, M. L.**, George, W. H., & Davis, K. C. (2017). The role of ethnic identity as a moderator in the relationship between childhood maltreatment and adult mental health outcomes in a sample of moderate to heavy drinking men. Poster presented at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Brill, C. D., Granato, H. F., George, W. H., & **Gasser, M. L.** (2017). Characterizing sexual assault disclosure among racial and ethnic minority women. Poster presented at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Neilson, E.C., Wegner, R., **Gasser, M.L.**, & Davis, K. C. (2017). The roles of alcohol, positive affect, and perception of consent cues on men's self-reported sexual aggression intentions. Poster presented at the Research Society on Alcoholism, Denver, CO.
- Lindgren, K. P., Wiers, R. W., Teachman, B.A., **Gasser, M. L.**, Westgate, E. C., Enkema, M., & Neighbors, C. (2015). Training implicit alcohol associations: Null results from two sets of studies. Poster presented at the 2015 Annual Meeting of the Research Society on Alcoholism, San Antonio, Texas.
- Lindgren, K. P., Neighbors, C., Ramirez, J., **Gasser, M.L.**, Norris, J., Kaysen, D., Teachman, B., & Wiers, R.W. (2015). Implicit and explicit alcohol cognitions predict alcohol outcomes prospectively. In M. Keough & R. M. O'Connor (Co-chairs), *Dual Process Models of Hazardous Drinking*. Symposium conducted at the 2015 Annual Meeting of the Research Society on Alcoholism, San Antonio, Texas.

- Kulesza, M., Lindgren, K.P., Werntz, A.J., **Gasser, M.**, & Teachman, B.A. (2014). Correlates of public support toward harm reduction strategies for intravenous drug use. Poster presented at the annual meeting of the Association for Medical Education and Research in Substance Abuse, San Francisco, CA.
- Lindgren, K.P., **Gasser, M.**, & Neighbors, C. (2014). *There is an "I" in Addiction: The Importance of Considering Implicit Drinking Identity in Drinking Behaviors*. In Werntz, A. J., and Teachman, B.A. (Chairs) New Directions in Implicit Associations Research in Psychopathology. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- DiBello, A.M., Lindgren, K.P., **Gasser, M.**, & Neighbors, C. (2014). *E-Cigarettes: An Investigation of Undergraduates Prevalence of and Motives for Use*. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Gasser, M.L.**, & Lindgren, K.P. (2014). *Running towards alcohol: Physical activity and drinking behaviors*. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Bellevue, WA.
- Lindgren, K.P., **Gasser, M.L.**, Kaysen, D., Neighbors, C., Norris, J., Teachman, B.A., & Wiers, R.W. (2014). *Habit strength moderates the relation between implicit drinking identity and drinking behaviors, drinking problems, and other drug use*. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Bellevue, WA.
- Gasser, M.L.**, & Lindgren, K.P. (2013). *An Investigation of Moral Decision-making and Conformity as Unique Predictors of Drinking*. Poster presented at the 2013 annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Lindgren, K. P., **Gasser, M. L.**, & Neighbors, C. (2013). *Implicit Drinking Identity Mediates the Relation Between Positive Affect Drinking Motives and Alcohol Consumption*. Poster presented at the 2013 Annual Meeting of the Research Society on Alcoholism, Orlando, FL.
- Lindgren, K.P., Westgate, E. C., **Gasser, M.**, Teachman, B., & Neighbors, C. (2013). *Drinker + Me: Implicit Drinking Identity as a Predictor of Drinking Outcomes and Intervention Target*. In Rosenzweig, E. and Ferguson, M. (Chairs) Emerging Evidence for Implicit Identity: Predictors, Moderators, and Consequences. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Cody, M. W., Pasciuti, M. L., **Gasser, M. L.**, Stevens, E. S., & Teachman, B. A. (2011). *Moderators of true and false memories using the DRM paradigm in social phobia*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Editorial Consultation:

Co-reviewer for the following journals:

- *Addictive Behaviors*
- *Basic and Applied Social Psychology*
- *Journal of Behavior Therapy and Experimental Psychiatry*
- *Journal of Psychopharmacology*

Clinical Work:

Eli Coleman Institute for Sexual and Gender Health

2023 - Present

University of Minnesota, Minneapolis, MN

Clinical Assessor

Supervisors: Ryan Rahm-Knigge, Ph.D.

- University-based diagnostic assessment research study

- Conducted psychodiagnostic assessments as part of a research study of comorbidities of compulsive sexual behavior disorder (CSBD).
- Administered Structured Clinical Interview for DSM-5 (SCID-5) and newly developed assessments for CSBD.
- Presented assessment results at weekly team consultation meetings

Eating Disorder Treatment Practicum

May 2021 – June 2022

Evidence Based Treatment Centers of Seattle

Graduate Student Therapist

- Providing Enhanced Cognitive Behavioral Therapy (CBT-E) for client struggling with symptoms related to eating disorders
- Engaged in weekly supervision to promote adherence to treatment principles, and receive consultation on client-related difficulties
- Engaged in weekly didactics meetings for continued clinical education

PEERS Social Skills Training Practicum

July 2021 - December 2021

Evidence Based Treatment Centers of Seattle

Graduate Student Behavioral Coach

- Assisted with delivering the PEERS Curriculum for social skills training for adolescents

Assessment for ESTIA iPad study

October 2019 – July 2020

- Conducting assessment as part of a study of an iPad-based intervention for older adults with depression and mild cognitive impairment in Pat Arian's Creativ Lab

King County Sexual Assault Resource Center Practicum

September 2019 – December 2020

Graduate Student Therapist

Supervisors: Christopher Johnson, MSW, Larraine Lynch, LICSW

- Provided Prolonged Exposure (PE) therapy for clients struggling with symptoms related to traumatic experiences
- Conducted assessments of post-traumatic stress disorder and implications for social and academic/occupational functioning
- Engaged in weekly supervision meetings to promote adherence to treatment principles, and receive consultation on client-related difficulties

Behavioral Research and Therapy Clinics (BRTC) DBT Practicum

June 2017 – December 2018

Graduate Student Therapist

Supervisors: Emily Cooney, Ph.D., Sara Schmidt, Ph.D., Michelle Diskin, Ph.D.

- Provided Dialectical Behavior Therapy (DBT), including individual therapy, phone coaching and group co-leading, for clients struggling with suicide behaviors, non-suicidal self-injury, emotion dysregulation, experiential avoidance, and substance use
- Conducted diagnostic assessments of borderline personality disorder and implications for social and occupational functioning
- Attended weekly consultation team meetings to promote adherence to treatment principles, provide and receive consultation on client-related difficulties, and provide support to peers

University of Washington Psychological Services and Training Center

December 2016 - Present

Graduate Student Therapist

Supervisors: Jane Simoni, Ph.D., Jason Kilmer, Ph.D., Beverly Norfleet, Ph.D., Shannon Hackett, Ph.D.

- Provides evidence-based therapy to clients including cognitive behavioral therapy (CBT) and Relapse

Prevention (RP)

- Conducts client assessments, including MMPI and e-Mini
- Integrates routine outcomes monitoring on a weekly basis into treatment
- Attends supervision with doctoral level community and university-based supervisors on an hour for hour weekly basis
- Participated in weekly, in-house group supervision with the other trainees, senior students, and the clinic director

Alcohol and Drug Education Coordinator

September 2015 – June 2017

Individual and group therapist

Supervisors: Jason Kilmer, Ph.D.

- Applied Motivational Interviewing techniques, in conjunction with the harm-reduction-focused Brief Alcohol Screening and Intervention for College Students (BASICS) program for undergraduate students required to complete either a group or an individual series due to conduct code violations
- Facilitated two-part weekly group sessions (Alcohol Skills Training Workshops)
- Conducted two-part weekly individual sessions for students identified as at being at higher risk of alcohol- or other substance-related problems

Awards:

- Psychology Department Graduate Student Service Award (Spring 2021)

Teaching:

- Instructor: Abnormal Psychology (upcoming Winter 2024), Professional Development seminar and Orientation Lead TA (Fall 2019, Fall 2020, Fall 2021)
- Teaching Assistant: Fundamentals of Psychology Research, Introduction to Psychology, Sensory and Perceptual Processes, Abnormal Psychology, Sensory and Perceptual Processes

Trainings:

- TF-CBT Web 2.0: A course for Trauma-Focused Cognitive Behavioral Therapy (Daniel W. Smith, Ph.D.; TF-CBTWeb2.0)
- Intensive Training in the DBT-PE Protocol for PTSD (Melanie Harned, Ph.D., Sara Schmidt, Ph.D.; University of Washington)
- Introduction to Prolonged Exposure for Chronic PTSD Twelve-Hour Training (Lori Zoellner, Ph.D.; Michele Bedard-Gilligan, Ph.D.; Libby Marks, M.S.; University of Washington)
- Dialectical Behavior Therapy Intensive Five-Day Training (Anthony P. DuBose, Psy.D.; Randy Wolbert, LMSW; The Linehan Institute: Behavioral Tech & the Camden Center, Santa Monica, CA)
- HIPAA Training (University of Washington & University of Virginia)
- CITI Training Social and Behavioral Responsible Conduct of Research (University of Washington & University of Virginia)

Invited Lectures:**Invited lecturer, Fundamentals of Psychology Research**

Spring 2023

Department of Psychology, University of Washington

- Lecture title: Global/Local Processing and Social Anxiety Disorder
- Provided a lecture on a research study example related to information processing differences in individuals with social anxiety disorder

Professor: Dr. Jessica Brand

Invited lecturer, Introduction to Psychology

Department of Psychology, University of Washington

Winter 2018

- Lecture title: Tweeting, Tequila, and the “Typical”: Alcohol and Social Psychology

- Provided a lecture on research on alcohol and social media related to descriptive and injunctive norms, typical drinking in college student populations, and alcohol marketing

Professor: Dr. Jacqueline Spector

Graduate recruitment event for Underrepresented Minorities May 2021, September 2022

- Gave a presentation to over 100 attendees about the Clinical Psychology area: research, admissions, graduate school responsibilities, and career options

Departmental graduate recruitment event February 2021

- Presented a rapid fire talk about my research and participated in a Q&A panel for prospective graduate students

Professional Service:

Diversity Advocacy Team

Student member

- Collaborated on developing procedures for the department to better address DEI-related topics and incidents including developing and adapting guidelines to responding to bias reporting tool reports within the department

Faculty Search Committee

Student member

- Served on the search committee for a clinical faculty position, reviewing applications and participating in interviews and candidate discussions

Graduate Psychology Action Committee

May 2018 – June 2020

Co-chair, member

- Served as the co-chair and adult clinical representative to the departmental graduate student committee that addresses and advocates for the needs of graduate students to the faculty and administration

Skills: R, SPSS, MediaLab, Inquisit, ePrime, programming (Java, some experience with HTML, JavaScript), Qualtrics (survey website), MS Access

Affiliations:

American Psychological Association, Division 50

Research Society on Alcoholism

Association for Behavioral and Cognitive Therapies