

The background features a large, faint watermark of the University of Washington seal. The seal is circular and contains the text "UNIVERSITY OF WASHINGTON" around the top and "1861" at the bottom. In the center is a shield with a book and a star, with the motto "LVX SIT" above it.

**23rd Annual
Alzheimer's Disease Public Forum**

**Alzheimer's Care
in the 21st Century**

University of Washington Alzheimer's Disease Research Center

www.uwadrc.org

Tonight's Sponsors:

University of Washington Alzheimer's Disease Research Center

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Friends of Alzheimer's Research

UW School of Nursing

Northwest Research Group on Aging

Alzheimer's Association Western & Central Washington

Alzheimer's Society of Washington

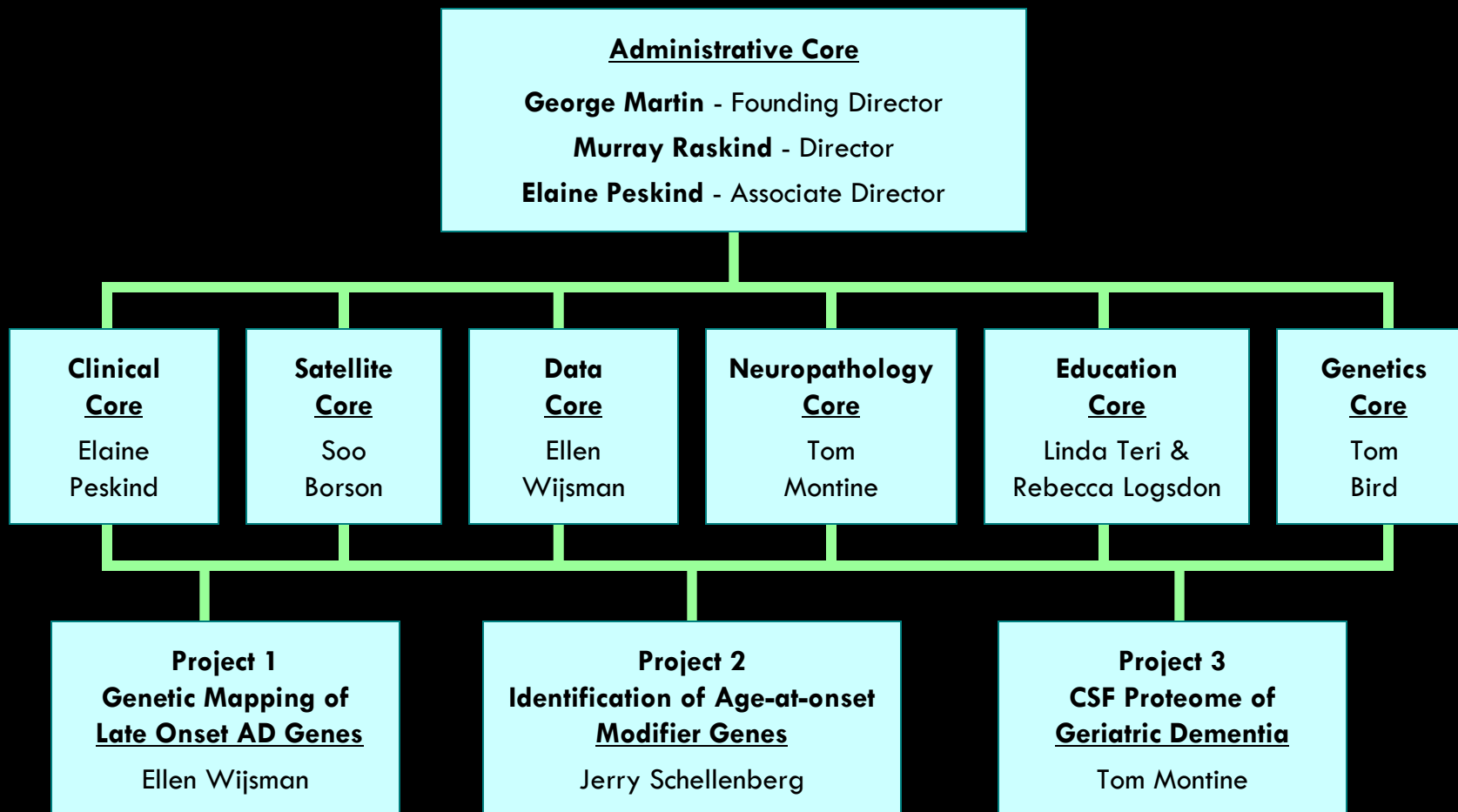
Special Thanks to:

Cat Olcott & Elizabeth Sharpe

UW Alzheimer's Disease Research Center

- Funded by the National Institutes of Aging (AG05136).
 - ▶ One of the first centers to be funded
 - ▶ Continuously funded since 1985
- Facilitate cutting edge research on causes and treatment of AD & other dementias.
- Enhance clinical care of patients and caregivers.
- Provide community & professional education.

UW Alzheimer's Disease Research Center



Our deepest admiration
and gratitude to the many
persons with dementia and
family caregivers who have
shared their lives and
experiences with us over
the past 23 years.

What's New at the ADRC?

- ✓ Genetics of AD and related neurological conditions.
- ✓ Biomarkers of AD to identify individuals at greatest risk.
- ✓ Medication trials to prevent or decrease symptoms of AD.
- ✓ Stress hormones, dietary fats, glucose metabolism & AD.
- ✓ Exercise and physical activity programs to prevent or decrease symptoms of AD.
- ✓ Programs to improve sleep in individuals with severe memory loss.
- ✓ Support programs for early stage dementia.
- ✓ Dementia specific adult day programs.
- ✓ Education programs for family and professional caregivers.

Volunteering for Research at the UW ADRC

Who can volunteer? Individuals who are:

- ✓ 55 and older.
- ✓ Living at home, in assisted living, or in adult family homes.
- ✓ With or without memory problems, mild cognitive impairment, Alzheimer's disease, or other types of dementia.

How to Learn More About Volunteering for Research

- ✓ Pick up brochures tonight for information about specific studies.
- ✓ Check the UW ADRC Webpage:
www.uwadrc.org
- ✓ Join the Dimensions Newsletter mailing list:
206-221-6563.
- ✓ Call the ADRC research line: 1-800-317-5382.
- ✓ No commitment necessary – you choose whether to participate in any study.

Murray Raskind, MD

Director, UW Alzheimer's Disease Research Center
Professor & Vice Chair, Department of Psychiatry &
Behavioral Sciences, UW School of Medicine

Director, Mental Health Service,
VA Puget Sound Health Care System

Medication Treatment of Disruptive Agitation in Alzheimer's Disease and Related Disorders

Linda Teri, PhD

Director, Education Core, UW Alzheimer's
Disease Research Center

Professor & Vice-Chair, Department of Psychosocial &
Community Health, UW School of Nursing

Director, Northwest Research Group on Aging

**Enhancing Care for
People with Dementia:
Advances in
Non-pharmacological Treatments**